# CV

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| **Photo**  | |
| **Personal Details** | |
| Name | **Ioannis Terzidis** |
| Academic Position | **Association Professor** |
| Scientific Field | **Sports Injuries** |
| Section | **Department of Human Performance** |
| Laboratory | **Laboratory of Evaluation of Human Biological Performance** |
| Administrative post | |
| Personal website | |
| **Contact Details** | |
| Office | Thermi, 3nd floor |
| Tel | **2310992217** |
| Fax | |
| e-mail | terzidis@phed.auth.gr |
| Student consultation | **Friday 12-14** |
| **Academic Degrees** | |
| Undergraduate degrees | Physical Education/AUTH (1986), Medical School/ AUTH (1993) |
| Masters | |
| PhD | Yes |
| **University Teaching** | |
| Undergraduate | **Sports Injuries**<br>**Sports Physiotherapy I**<br>**Sports Physiotherapy II** |

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| | **Special Application in Sports Physiotherapy** |
| Postgraduate | **Post Injury training/return to sports** |
| **Research Interest** | |
| Academic Interest | **Sports Injuries** |
| BOOKS | |
| Selected Publications | 1. Single-stage autologous chondrocyte coimplantation on a hyaluronan scaffold for the treatment of knee cartilage lesions: a case series of 16 patients with clinical outcomes up to 5 years Emmanouil T. Papakostas[a], Efthymios Papasoulis[b], Willem Cornelis de Jong[c] , Aristotelis S. Sideridis[b], Argiris Karavelis[b], Konstantinos Epameinontidis[d] , **Ioannis P. Terzidis[b]**<br><br>2. The Effects of Exercise with Blood Flow Restriction (BFR) in the Post Operative Rehabilitation of Anterior Cruciate Ligament (ACL) Reconstruction. Patients: A Case Series<br>Christina Karampampa, Efthymios Papasoulis, Dimitrios Hatzimanouil, Georgios Koutras, Trifon Totlis, **Ioannis Terzidis** J Orthop Res Ther 8: 1314.(2023), www.doi.org/10.29011/2575-8241.001314<br><br>3. COMPARISON OF KNEE FLEXION ISOKINETIC DEFICITS BETWEEN SEATED AND PRONE POSITIONS AFTER ACL RECONSTRUCTION WITH HAMSTRINGS GRAFT: IMPLICATIONS FOR REHABILITATION AND RETURN TO SPORTS DECISIONS. Georgios Koutras, Manfred Bernard, **Ioannis P Terzidis,** Pericles Papadopoulos, Anastasios Georgoulis, Evangelos Pappas. Original research, Journal of science and medicine in sport, 19(2016) 559-562<br><br>4. Restoring tibiofemoral alignment during ACL reconstruction results in better knee biomechanics. Zampeli F, Terzidis I, Espregueira-Mendes J, Georgoulis JD, Bernard M, Pappas E, Georgoulis AD. Knee Surg Sports Traumatol Arthrosc. 2017 Oct 24. doi: 10.1007/s00167-017-4742-0.<br><br>5. INJURIES IN ELITE ATHLETES OF BEACH HANDBALL. DIMITRIOS HATZIMANOUIL, EFTHYMIOS PAPASOULIS, IOANNIS TERZIDIS, ANGELOS KANIOGLOU, ANGELIKI MAVROPOULOU, KOSTAS NATSIS. JOURNAL OF HUMAN SPORT & EXERCISE (ISSN 1988-5202), Vol 12, issue 3, 2017: pages 689-697<br><br>6. Injury Rate in Beach Handball – Comparison Between Two Tournaments of the European Beach Tour (EBT) Efthymios Papasoulis, Dimitrios Hatzimanouil, Ioannis Terzidis, Nikolaos |

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| | Stavropoulos. Sports Injuries and Medicine, 5:153, 2019<br><br>7. Home-based management of knee osteoarthritis during COVID-19 pandemic: literature review and evidence-based recommendations. Theofilos Karasavvidis, Michael T. Hirschmann, Nanne P. Kort, Ioannis Terzidis and Trifon Totlis. Journal of Experimental Orthopaedics<br><br>8. Arthroscopic debridement in focal articular cartilage lesions of the knee. Trifon Totlis, MD, PhD, Theodorakys Marín, MD, Giorgos Kalifis, MD, Ioannis Terzidis, MD, PhD, FEBSM, Nicola Maffulli, MD, MS, PhD, FRCS, FRCS (Tr & Ortho), Emmanuel Papacostas, MD, FEBSM. The Surgeon<br><br>9. Insufficient evidence to support peroneus longus tendon over other autografts for primary anterior cruciate ligament reconstruction: a systematic review. Theodorakys Marín Fermín, Jean Michel Hovsepian, Panagiotis D Symeonidis, Ioannis Terzidis, Emmanouil Theodorus Papakostas. *J ISAKOS* 2020;0:1–9. doi:10.1136/jisakos-2020-000501<br><br>10. Endoscopic curettage and allografting of simple bone cysts of the calcaneus in young soccer players: Report of three cases. Ioannis Terzidis, Theodorakys Marin Fermin, Efthymios Papasoulis, Trifon Totlis, Emmanouil Papakostas, Aristotelis Sideridis. The Foot. |
| Current research projects | |
| Reviewer in peer reviewed scientific journals | Journal of ISAKOS<br>Cartilage |
| Citations | **952** |
| *h*-index Scopus | **15** |