CURRICULUM VITAE



Personal details	
Surname/name:	**Dr. SEMALTIANOU ELENI**
Position:	**TEACHING STAFF**
Specialty:	**SOCCER, FOOTBALL**
Department:	**DIVISION OF SPORTS**
Laboratory:	**LABORATORY OF BIOLOGICAL EVALUATION OF HUMAN PERFORMANCE**
Current administrative positions:	
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Student consultation:	**WENSDAY 12.00-14.00, THURSDAY 11.00 -13.00**
Qualifications	
Degree:	**BACHELOR DEGREE, DEPARTMENT OF PHYSICAL EDUCATION AND SPORT SCIENCE, ARISTOTLE UNIVERSITY OF THESSALONIKI, 1994.**
Master:	**MASTER IN TRAINING SCIENCE, DEPARTMENT OF PHYSICAL EDUCATION AND SPORT SCIENCE, DEMOCRITUS UNIVERSITY OF THRACE, 1997.**

PhD:	**Ph.D. IN PHYSISCAL EDUCATION, DEPARTMENT OF PHYSICAL EDUCATION AND SPORT SCIENCE, SERRES, ARISTOTLE UNIVERSITY OF THESSALONIKI, 2012.**
Teaching	
Undergraduate courses:	**1. TEACHING OF SOCCER I (218)** **2. TEACHING OF SOCCER II (268)**
Postgraduate courses:	**1.**
Research	
Research interests:	**EXERCISE PHYSIOLOGY AND ASSESSMENT OF ATHLETIC PERFORMANCE, ISOKINETIC ASSESSEMNT OF ATHLETIC PERFORMANCE, SOCCER, WOMEN'S SOCCER.**
Books and chapters in books:	 **ELDERLY** **101 EXERCISES AND PROGRAMS** **Salto Publications, 2022.** **ISBN 978-960-278-204-0**

Selected publications (up to 10):	• Michailidis Y, Stafylidis A, Mandroukas A, Kyranoudis AE, Antoniou G, Kollias R, Kanaras V, Bamplekis C, Vardakis L, Semaltianou E, et al. Correlation of the Asymmetry Index from the Single-Leg Countermovement Jump with the Asymmetry Index from Isokinetic Strength in Elite Youth Football Players. Applied Sciences. 2025; 15(5):2779. https://doi.org/10.3390/app15052779 • Chatzilamprinos, K., Semaltianou, E., Hatzimanouil, D., Lytras, D., & Sykaras, E. (2024). Evaluation of strength and functional ability of soccer players two years after anterior cruciate ligament reconstruction: a cross-sectional study. *Journal of Musculoskeletal & Neuronal Interactions*, *24*(1), 55. • Vergonis, A., Michailidis, Y., Mikikis, D., Semaltianou, E., Mavrommatis, G., Christoulas, K., & Metaxas, T. (2019). Technical and tactical analysis of goal scoring patterns in the 2018 FIFA World Cup in Russia. *Facta Universitatis, Series: Physical Education and Sport*, 181-193. • Skandalis, V., HATZIMANOUIL, D., GIATSIS, G., STAVROPOULOS, N., SEMALTIANOU, E., & SYKARAS, E. (2020). Knee joint bilateral symmetry evaluation in high-level handball players prior to their return to playing. *Journal of Physical Education & Sport*, *20*. • Lytras, D., Sykaras, E., Iakovidis, P., Semaltianou, E., & Myrogiannis, I. S. (2021). Tibial Stress Fractures in Runners: A Narrative Review for Physiotherapy Management. *Critical Reviews™ in Physical and Rehabilitation Medicine*, *33*(2). • Dalamitros, A. A., Semaltianou, E., Toubekis, A. G., & Kabasakalis, A. (2021). Muscle oxygenation, heart rate, and blood lactate concentration during submaximal and maximal interval swimming. *Frontiers in Sports and Active Living*, *3*, 759925. • Dalamitros A., Mavridis G., Semaltianou E., Loupos D., Manou V. (2019). Psychophysiological and performance-related responses of a potentiation activity in swimmers of different competitive levels, *Physiology & Behavior*, 204, 106-111.
Current research projects:	
Reviewer in journals:	***Sports,***

	Trends in Sport Science,
Citations (citations in Scopus):	**26**
h-index in Scopus:	**3**