CURRICULUM VITAE

Photo	
Personal information	
Name:	**SAROGLAKIS GEORGIOS**
Step:	**SPD**
Area of Specialization:	**Weightlifting**
Sector:	**Sports**
Laboratory:	**Human Biological Performance Evaluation.**
Current management positions:	
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Day and hours of student reception:	**Monday 10.00 – 14.00, Alexandrio Melathron.**
Studies	
Degree:	T.E.F.A.A. of the Aristotle University of Thessaloniki, specializing in Weightlifting.
Master's degree:	"Exercise and Health". Aristotle University of Thessaloniki
Phd:	
Courses taught	
Undergraduate program of study:	**Weightlifting**

Postgraduate program:	
Research work	
Research interests:	**weightlifting, muscle strength development;**
Books and book chapters:	"**Weightlifting".** Saroglakis, G., Zarzavatsidis, D.. Kyriakidis Publications 2018. **"Weightlifting - Unified training planning"** Zarzavatsidis, D., Saroglakis, G.. General Secretariat of Sports, Athens 1996.
Selected publications in scientific journals (up to 10):	1. **Saroglakis G**, Kritikos A, Arzoglou P, Kokaridas D, & Patsiaouras A.. (2014). The effect of aerobic and weight lifting exercise on blood clotting. International Journal of Medical and Pharmaceutical Case Reports. **http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Reviewer-suggestion).** **2.** Mangouritsa, G., Kokaridas, D., Patsiaouras, A**., Saroglakis, G**., & Chatzis, G. (2013). Goals for Achieving Wheelchair Coaches & Basketball and Utility of Psychological Techniques: Analysis of an Individual Case. *Scientific Journal PEPFA.* =article&id=160:georgia-magouritsa-dimitrios-kokaridas-asterios-patsiaouras-george-saroglakis-george-hatzis-&catid=56:teyxos-2013&Itemid=54). **3.** Patsiaouras, A. Paraschopoulos, I. **Saroglakis, G..** (2008). Exercise and *International Exercise Programs for AIDS Carriers and Sufferers.* Online journal of. Panhellenic Association of Physical Education Graduates 2/2008. (**www.pepfa.gr).** 4. **Saroglakis G**., Soulas D., Tziamourtas A., Koustelios A.. (2004). The effect of weightlifting training on the body structure of adolescent athletes. Online magazine "Quests in Physical Education and Sports" (2004), 2,87-92, of the Hellenic Academy of Physical Education **(www.hape.gr).** 5. **Saroglakis G**., Soulas D., Tziamourtas A., Koustelios A.. (2003). Development evaluation of the body height of junior weight-lifting athletes**.** Δημοσίευση στο περιοδικο "High Performance", sports science, training and fitness. The only Spanish and South American newsletter printed and by subscription. Spain, 11, 9/2003. (www.altorendimiento.net). 6. Bagiatis K., Kellis S., **Saroglakis G**. (1993). "Prediction models of the World Records in Weightlifting""Human Movement Studies", 1993, 25 (255-270). 7. **Saroglakis G.***. (1991). "Injuries in Weightlifting and their Prevention".* "Sports and Society". Komotini 1991, 3, (22 - 34). 8. Bamidis P., Mouzakidis C., Zilidou V., **Saroglakis G.,** (2014). Implementation of an innovative system for the physical and mental exercise of the elderly with the application of new technologies. Long Lasting Memories - Care, LLMCare" . 22nd International Congress on Physical Education &

	Sport. Komotini, 5/2014 9. **Saroglakis G**.. (2012). New pricing strategies in the gym sector to address the economic crisis. Employment and Career Structure (DASTA), Gr. Interconnection of the University of Thessaly. Round table, 3/2012.. **10. Saroglakis, G.** (2012). Motivation & Attachment Strategies for Gym Trainees. Global Fitness Connect. Athens 10-11/03/2012.
Current research projects:	
Reviewer in scientific journals:	
References in the international bibliography (Total references in Scopus):	
h-index Scopus:	