CURRICULUM VITAE

Photograph	
Personal Information	
Full Name:	Konstantinos Beis
Academic Rank:	Special Educational Teacher
Field of Expertise:	TAE KWON DO
Sector:	SPORTS
Laboratory**:**	Human Biological Performance Assessment Laboratory
Current Administrative Positions:	Responsible-Coordinator of the: 1. TAE KWON DO SPECIALIZATION - WTF 2. TAE KWON DO SPECIALIZATION - ITF 3. TAE KWON DO ELECTIVE 4. WRESTLING 5. JUDO 6. KARATE 7. JIU-JITSU
Personal Website:	www.kostasbeis-tkd.gr
Contact Information	
Office:	TEFAA Facilities in Thermi, Building E, Ground Floor, Office G3
Phone:	2310 99 2475
Fax:	2310 99 2494 (Departmental Fax)
e-mail:	kostbeis@phed.auth.gr & kostbeis@gmail.com
Student Office Hours:	Monday, 11:00-14:30

Education	
Bachelor's Degree:	Bachelor's in Physical Education, TEFAA – AUTH (1988)
Master's Degree:	Master's Degree in Coaching (TEFAA–DUTH, 1996) Thesis: “Injuries of male and female athletes in the National Championships of the Hellenic Taekwondo Federation” (Grade: Excellent, 10)
Doctorate**:**	Ph.D. in "Exercise and Health" (TEFAA-AUTH, 2001) Doctoral Dissertation: "Cranio-cervical and Spinal Injuries in Taekwondo and Boxing Athletes" (Grade: Excellent, 10)
Courses Taught	
Undergraduate Program:	1. SPECIALIZATION IN TAE KWON DO - WTF 2. SPECIALIZATION IN TAE KWON DO - ITF 3. TAE KWON DO ELECTIVE
Postgraduate Program:	
Research Work	
Research Interests:	Regarding TAE KWON DO: Injuries, Coaching, Sports Psychology, Exercise Physiology, Childhood Development
Books:	Authored and self-published three books on TAE KWON DO: 1.**Konstantinos Beis.** *TAE KWON DO: Technique, Tactics, and Kinesiology of the Fight*, Thessaloniki 1998 (190 pages). 2.**Konstantinos Beis.** *TAE KWON DO – OLYMPIC SPORT*, Thessaloniki 2015 (464 pages, the first interactive book worldwide on TAE KWON DO, with 632 videos of all techniques uploaded on the website: www.kostasbeis-tkd.gr). 3.**Constantine Beis.** *TAE KWON DO: The Way to Win. The Science of the Fight*, Thessaloniki 2020 (Interactive book in English). 4. **Konstantinos Beis.** Updated Notes for the TAE KWON DO ELECTIVE and for the SPRING AND FALL SEMESTERS of the TAE KWON DO SPECIALIZATION from 1993 to 2015 (Published by the AUTH Publications Service).
Selected Publications in Scientific Journals (up to 10):	1. **Taekwondo competition injuries in Greek young and adult athletes.** Beis K., Tsaklis P., Pieter W., Abatzides G., European Journal of Sports Traumatology and related research, 2001, 23 (3): 130-136. 2. **Match characteristics and Taekwondo injuries.** Beis K., Pieter W., Abatzides G., Acta Kinesiologiae, 2001, 6: 77-80. 3. **Suppression effects of transiently evoked otoacoustic emissions in Taekwondo athletes.** Lalaki P., Beis K., Abatzides G., Tsalighopoulos M.G., Daniilidis I., Journal of Human Movement Studies, 2002, 42: 185-197.

	4. **Injuries of the Taekwondo Athletes in the Official Championships of the Greek Taekwondo Federation.** Beis K., Abatzides G., 1st International Symposium for Taekwondo Studies, 2007, 5: 229-237. 5. **Taekwondo Techniques and Competition Characteristics Involved in Time-Loss Injuries.** Beis K., Pieter W., Abatzides G. e-Journal: Journal of Sports Science and Medicine, 2007, 6, Combat Issue II. 6**. Consumption of dietary supplements in Greek Taekwondo athletes.** Beis K., Razakou F., Tsirou S., Willy Pieter, Proceedings, 3th International Symposium on Taekwondo Studies, Seoul, Korea, 2011. 7. **Mechanisms and locations of injuries in Olympic Taekwondo (W.T.F.) athletes.** Beis K., Abatzides G., Kitsios A., Galinos, 1998, 40 (1): 88-97. 8. **Investigation of specific factors related to the involvement of children aged 7-12 in sports.** Razakou F., Tsapakidou A., Beis K., Tsompanaki T., *e-Journal: Explorations in Physical Education & Sport*, 2003, 1 (2): 143-151.
Current Research Projects:	
Reviewer for International Scientific Journals:	Since 2012: 1. British Journal of Sports Medicine 2. Journal of Applied Biomechanics (Human Kinetics) 3. International Sports Medicine Journal
Citations in International Literature (Total citations in Scopus):	71
h-index in Scopus:	2