CURRICULUM VITAE

	
Personal details	
Surname/name:	**Dimitrios Mylosis**
Position:	**Assistant Professor**
Specialty:	**Coaching Artistic Gymnastics**
Department:	**Division of Sports**
Laboratory:	**Laboratory of Biological Evaluation of Human Performance**
Current administrative positions:	
Personal Webpage:	
Contact details	
Office:	**School of Physical Education & Sport Sciences in Thermi (Administration building, 2nd floor)**
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e-mail:	**dmylosis@phed.auth.gr**
Student consultation:	**Monday, Wednesday, 9.30-11.30**
Qualifications	
Degree:	**1. PHED, AUTH, 1988** **2. Department of Business Administration, University of Macedonia, 2004**
Master:	**PHED, AUTH, 2000**
PhD:	**1. D.P.E.S., D.U.Th., 2004** **2. PHED, AUTH, 2018**

Teaching	
Undergraduate courses:	**1. Didactics of Artistic Gymnastics** **2. Specialty of Artistic Gymnastics** **3. Acrobatic Gymnastics** **4. Trampoline Gymnastics**
Postgraduate courses:	**1. Exercise Physiology** **2. Ergonomics of Physical Workload**
Research	
Research interests:	**Gymnastics coaching, Gymnastics performance evaluation, Gymnastics strength and conditioning, Gymnastics psychology, School physical education**
Books and chapters in books:	**1.** Papaioannou, A., & **Milosis, D. (2009).** Interdisciplinary teaching, goal orientation, self-determination, and responsibility in life. In Ernest Tsung-Min Hung, Ronnie Lidor and Dieter Hackfort (Eds.) *"Psychology of Excellence"* (pp. 75-89). Meyer & Meyer Publication. **2. Milosis, D.,** & Papaioannou, A. **(2007).** Interdisciplinary teaching, multiple goals and Self-concept. In J. Liukkonen, & Y. Theodorakis (Eds.), *Psychology for Physical Educators* (pp. 175-198). FEPSAC Publication. **3.** Kosmidou, E., Tsigilis, N., & **Milosis, D. (2007).** Measuring perceived motivational climate in physical education. In J. Liukkonen, & Y. Theodorakis (Eds.), *Psychology for Physical Educators* (pp. 35-56). FEPSAC Publication. **4. Milosis, D.** (2022). Artistic g*ymnastics in preschool and school age. Contemporary child-centered approach*, p. 648. Thessaloniki: Kyriakidis Editions. **5.** Papaioannou, A., Ampatzoglou, G., **Milosis, D.,** & Siskos, V. (2021). *Development of a new curriculum and supporting material (educator's guide) - (MIS: 5035542) in the field of physical education (junior high school).* Operational Program Human Resources Development, Education and Lifelong Learning. **6.** Papaioannou, A., Ampatzoglou, G., **Milosis, D.,** & Siskos, V. (2021). *Technical specifications for the development of an educational package (student book, teacher book, and laboratory guide where required) for the new curriculum - (MIS: 5035542) in the field of physical education (junior high school).* Operational Program Human Resources Development, Education and Lifelong Learning. **7.** Papaioannou, A., Ampatzoglou, G., **Milosis, D.,** & Siskos, V. (2021). *Development of continuing education material for the new curriculum - (MIS: 5035543) in the field of physical education (junior high school).* Operational Program Human Resources Development, Education and Lifelong Learning. **8.** Papaioannou, A., Digelidis, N., Kouli, O., **Milosis, D.** & Christodoulidis, T. **(2017).** *School physical education in the 21st century: Junior and high school*. Hellenic Academy of Physical

	Education (HAPE). Kyriakidis Bros-Publications S. A. Thessaloniki. **9.** Goudas, M., Theodorakis, I., Patsiaouras, A., Ntanis, A., Theodosiou, A., Kolovelonis, A., Kosmidou, E., **Milosis, D. (2015).** *A Guide for physical education teacher-high school*. *New school (school of the 21st Century)-New Curriculum*. Athens. **10.** Papaioannou, A., Digelidis, & **Milosis, D. (2011).** *A Guide for physical education teacher-Junior high school*. Operational program for education and lifelog learning. Ministry of Education, Lifelong Learning and Religious Affairs. Special Management Service. Athens. **11.** Papaioannou, A., Laparidis, K., Serbezis, B., Pilianidis, Th., Michalopoulou, M., Karipidis, A., Christodoulidis, T. Kouli, O., **Milosis, D.** & Siskos, V. **(2008)**. *Physical education, 3rd Grade of junior high school, teacher's book.* YPEPTH, Pedagogical Institute, Athens: DBPO. **12.** Papaioannou, A., Laparidis, K., Michalopoulou, M., Pilianidis, Th., Zetou, E., Goulimaris, D., Karipidis, A., **Milosis, D.** Christodoulidis, T. Kouli, O., Kalogiannis, P., & Konstandinidou, X., **(2007)**. *Physical education, 2nd Grade of junior high school*, *teacher's book.* YPEPTH, Pedagogical Institute, Athens: DBPO.
Selected publications (up to 10):	**1.** **Milosis, C. D.,** & Siatras, A. T. **(2023).** Effectiveness of different handstand placement techniques in handstand balance control and gender differences. *Science of Gymnastics Journal, 15*(3), 375-394*.* **2.** **Milosis, C. D. (2023).** Validity of gymnastics-specific assessment of neuromuscular function of shoulder flexor and extensor muscles to predict performance in gymnastics skills. *The Journal of Strength and Conditioning Research, 37*(3), 652-660*.* **3.** **Milosis, C. D.,** & Siatras, A. T. **(2022).** Gender Differences in university students' Gymnastics Specific Self-efficacy and performance. *Science of Gymnastics Journal, 14*(3), 401-420. **4.** **Milosis, C. D.,** Siatras, A. T., Christoulas, I. K., & Patikas, A. D. **(2020)**. Construct validity of gymnastics-specific assessment on the neuromuscular function of shoulder flexor and extensor muscles. *Sports Biomechanics, 1-16*. **5.** Papaioannou, G. A., **Milosis, C. D.,** & Gotzaridis, Ch. **(2020).** Interdisciplinary teaching of physics in physical education: Effects on students' motivation. J*ournal of Teaching in Physical Education, 39*(2), 156-164*.* doi: **6.** **Milosis, C. D.,** Siatras, T., Christoulas, K., & Patikas, D. **(2018).** Relative and absolute reliability of isometric and isokinetic shoulder torque and flexion/extension ratios in gymnasts. *Science of Gymnastics Journal, 10*(2), 227-244*.* **7.** **Milosis, D.,** Siatras, T., Proios, M., & Proios, M., Christoulas, K., & Papaioannou, A. **(2018).** Accuracy of University students' skill-specific self-efficacy and Self-efficacy-performance in gymnastics relationship. *International Journal of Sport Psychology, 49*(5), 429-447. **8.** **Milosis, D.,** Papaioannou, A., Siatras, T., Proios, M., & Proios, M. **(2015)**. Gender differences on attitudes and participation in an extracurricular gymnastics course among Greek university students. *Journal of Teaching in Physical Education, 34*(3), 424-441*.*

	9. Papavasiliou, A., Siatras, T., Bintoudi, A., **Milosis, D.,** Lallas, V., Sykaras, E., Karantanas, A. **(2014)**. The gymnasts' hip and groin: a magnetic resonance imaging study in asymptomatic elite athletes. *Skeletal Radiology,* 1-7. **10. Milosis, D.,** Siatras, T. **(2012)**. Sex differences in young gymnasts' postural steadiness. *Perceptual and Motor Skills, 114*(1), 1-10.
Current research projects:	
Reviewer in journals:	**1.** Kinesiology. **2.** Science of Gymnastics Journal. **3.** International Journal of Exercise Science. **4.** Sport Psychology (Hellenic Society of Sport and Exercise Psychology (HSSEP). **5.** Inquiries in Physical Education and Sport.
Citations	
Citations in Scopus:	**241**
h-index in Scopus:	**6**
Citations in ResearchGate	**409**
h-index in ResearchGate	**9**
Citations in Google Scholar	**568**
h-index in Google Scholar	**10**