CV

Photo	
Personal Details	
Name	**Dimitra Mameletzi**
Academic Position	Assistant Professor
Scientific Field	Physical Rehabilitation in Persons with Health Disorders
Section	Human Performance
Laboratory	Sports Medicine
Administrative post	
Personal website	
Contact Details	
Office	School of Physical Education & Sport Sciences in Thermi (Administration building, 3nd floor)
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Student consultation	Monday 10:00-12:00, Wednesday 10:00-12:00
Academic Degrees	
Undergraduate degrees	School of Physical Education & Sport Sciences, Aristotle University of Thessaloniki (1988)
Masters	DEA STAPS, Université de Bourgogne, France (1990)
PhD	Doctorat d'Université, Université Blaise Pascal, France (1993)
University Teaching	

Undergraduate	Therapeutic Applications of Exercise Swimming for People with Disabilities Exercise and quality of life in the elderly Sports Medicine
Postgraduate	Exercise for People with Chronic Diseases Sports Medicine Exercise Medicine Exercise Physiology Dance for physical health Physical Rehabilitation in Patients with Chronic Diseases
Research Interest	
Academic Interest	Therapeutic applications of exercise Swimming exercises and health disorders Exercise and rehabilitation in patients with chronic health disorders
BOOKS	
Selected Publications	Michou V., Nikodimopoulou M., Liakopoulos V., Anifanti M., Tsamos G. Vasdeki D., Panayiotou G., **Mameletzi D.**, Deligiannis A., Kouidi E. (2024). Home-based tele-exercise training and physical activity during the COVID-19 pandemic in chronic kidney disease patients. *Journal of Nephrology*, https://doi.org/10.1007/s40620-024-01976-x. Karkala A., Baxevanidis A., Chasiotou A., Siopi D., **Mameletzi D.**, Kouidi E., Chloros D., Pitsiou G., Boutou A.K. (2024). Comparison of physical activity and quality of life between obese individuals with obstructive sleep apnea syndrome and individuals with obesity hypoventilation syndrome. *Sleep Breath*. https://doi.org/10.1007/s11325-024-03148-4. Αθανασίου Σ., Μαμελετζή Δ. (2023). Η επίδραση της αερόβιας άσκησης στη γνωστική λειτουργία ασθενών με σχιζοφρένεια. *Θέματα Ειδικής Αγωγής*, 100: 39-48. Mameletzi D., Anifanti M. Baotic C. et al. (2021). Identification of good practices in long-term exercise-based rehabilitation programs in stroke patients. *BioMed Research International*, 1-12. doi.org/10.1155/2021/9202716 Ιωάννου Ι., **Μαμελετζή Δ**. (2021). Κατάλληλα προγράμματα άσκησης στο σακχαρώδη διαβήτη τύπου 1. *Σακχαρώδης Διαβήτης-Φροντίδα για όλους,* 64: 30-32. Vrakas S., **Mameletzi D**., Samaras T., Liakopoulos V., Kouidi E., Deligiannis A. (2017). The effects of intradialytic exercise plus music on anxiety. *Nephrology Dialysis Transplantation*, 32(3): 325. Ερμίδου Θ., **Μαμελετζή Δ**., Λυκεσάς Γ., Κουϊδή Ε. (2016). Η επίδραση ενός τρίμηνου προγράμματος ελληνικών παραδοσιακών χορών στη λειτουργική ικανότητα και στη γλυκαιμική και λιπιδαιμική εικόνα ασθενών με σακχαρώδη διαβήτη τύπου 2. *Ελληνικά*

	Διαβητολογικά Χρονικά, 29(4): 244-251 **Mameletzi D.** (2013). The role of exercise in the incidence and treatment of Alzheimer's disease. *Archives of Hellenic Medicine,* 30(5): 546-554. Kaltsatou A., **Mameletzi D.,** Douka S. (2011). Physical and psychological benefits of a 24-week traditional dance program in breast cancer survivors. *Journal of Bodywork & Movement Therapies*, 15(2): 162-167. **Mameletzi D**., Kouidi E., Koutlianos N., Deligiannis A. (2011). Effects of long-term exercise training on cardiac baroreflex sensitivity in patients with coronary artery disease: a randomized controlled trial. *Clinical Rehabilitation*, 25: 217-227.
Current research projects	
Reviewer in peer reviewed scientific journals	
Citations	**290**
h-index Scopus	**9**