CURRICULUM VITAE

Personal details	
Surname/name:	AFRODITI LOLA
Position:	ASSISTANT PROFESSOR
Specialty:	MODELS FOR THE DEVELOPMENT OF PERCEPTUAL-MOTOR SKILLS IN CHILDREN'S SPORTS
Department:	PHYSICAL EDUCATION AND SPORT SCIENCES
Laboratory:	LABORATORY OF MOTOR BEHAVIOUR AND ADAPTED PHYSICAL ACTIVITY
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Student consultation:	Tuesday - Wednesday 10:00-12:00
Qualifications	
Degree:	B. Sc. - Diploma in Sports Science Aristotle University of Thessaloniki Department of Physical Education and Sports Science
Master:	M.Sc. POSTGRADUATE DIPLOMA IN SPORTS SCIENCES Aristotle University of Thessaloniki, Department of Physical Education and Sports Science
PhD:	Ph.D PhD in Sports Science Aristotle University of Thessaloniki, Department of Physical Education and Sports Science
Teaching	
Undergraduate courses:	"LEARNING AND DEVELOPMENT OF MOTOR SKILLS" "ENTREPRENEURSHIP AND INNOVATION IN THE SPORT SECTOR" "ORGANISATION OF SPORTS CLUBS"

Postgraduate courses:	
Research	
Research interests:	-Motor Learning -Development of motor and perceptual skills with emphasis on children's sports -Effective training (types of feedback) -Performance analysis -Teaching-learning of sports skills
Books and chapters in books:	A. Lola, & G. Tzetzis (2021). Learning and development of motor or perceptual skills in sports in H. G. Nielsen (Ed.) open access e-book Sport Psychology in Sports, Exercise and Physical Activity. London: IntechOpen. ISBN 978-1-83969-720-3. Tzetzis, G. & Lola, A. (2015). Motor learning and Development: Callipos Publications. Tzetzis, G. & Lola, A. (2017). Entrepreneurship and Innovation in the sports sector. University. University notes. Tzetzis, G. & Lola, A. (2017). Organization and management of a sports club. University notes.
Selected publications:	Lola, A.C., Giatsis, G., Pérez-Turpin, J.A., & Tzetzis, G.C. (2023). The influence of analogies on the development of selective attention in novices in normal or stressful conditions. Journal of Human Sport and Exercise, 18(1), 139-152. Giatsis, G., Drikos, S., & Lola, A. (2022). Analysis of match report indicators in men's volleyball olympics and world championships (2014–2021) depending on the type of final score. International Journal of Sports Science & Coaching. Lola A, Tzetzis G, Manou V, Alexandropoulou S. (2022). Attentional focus on learning fundamental movement skills in children. Phys Act Rev; 10(1), 60-67 Lola, A., Koutsomarkou, A., & Tzetzis, G. (2022). Influence of different focus of attention instructions on learning volleyball skills for young novices. Journal of Human Sport and Exercise, 17(4), 867-881. Tiktampanidi, E., Lykesas, G., Lola, A., Bakirtzoglou, P., & Chatzopoulos, D. (2021). Effects of a Creative Movement Program on Balance in Young Children. Journal of Exercise Physiology Online, 24(5). Lola, A., Votsis, E., Tzetzis, G., & Chatzopoulos, D. (2021). The impact of implicit and explicit training methods on the acquisition of perceptual expertise in young athletes. Central European Journal of Sport Sciences and Medicine, 35, 87-98.

	Katsanis, G., Chatzopoulos, D., Barkoukis, V., Lola, A. C., Chatzelli, C., & Paraschos, I. (2021). Effect of a school-based resistance training program using a suspension training system on strength parameters in adolescents. Journal of Physical Education and Sport, 21(5), 2607-2621. Lola, A. C., & Tzetzis, G. (2020). Analogy versus explicit and implicit learning of a volleyball skill for novices: The effect on motor performance and self-efficacy. Journal of Physical Education and Sport, 20(5), 2478-2486. Lola, A. C., Tzetzis, G. C., & Zetou, H. (2012). The effect of implicit and explicit practice in the development of decision making in volleyball serving. Perceptual and Motor Skills, 114(2), 665-678. Tzetzis, G., & Lola, C. A. (2010). The role of implicit, explicit instruction and their combination in learning anticipation skill, under normal and stress conditions. International Journal of Sport Sciences and Physical Education, 1(1), 54-59.
Current research projects:	-Research associate in the project "Sports, Hospitality and Sports Tourism Management", AUTH RESEARCH COMMITTEE -Research associate in the project "Development and operation of technological applications for the promotion of cycling tourism in the region – GoBike, AUTH RESEARCH COMMITTEE -Collection and analysis of evaluation questionnaires and creation of educational material in the framework of the Interdepartmental Postgraduate Programme "Human Performance and Health", AUTH RESEARCH COMMITTEE -Data processing in the framework of the Interdepartmental Postgraduate Programme "Human Performance and Health" , AUTH RESEARCH COMMITTEE -Part of the implementation of the project "Dual Careers of Athletes of the University of Peloponnese", in the framework of the Operational Programme "Education and Lifelong Learning", PEL/NESSEU RESEARCH COMMITTEE. -Lifelong learning and knowledge updating program for graduates of higher education institutions entitled "Modern forms of tourism development: innovative actions in sports, cultural, religious, educational and ecological tourism -PEGA", AUTH RESEARCH COMMITTEE -Evaluation of laboratory courses for the Innovation and Entrepreneurship Unit, AUTH RESEARCH COMMITTEE -Project monitoring and project results processing, in the project entitled: "Intervention program for social integration", AUTH RESEARCH COMMITTEE -Project monitoring and project results processing, in the project entitled: "Programme for the integration of people threatened with social exclusion", AUTH RESEARCH COMMITTEE -Completion and creation of online courses "Research methodology" and "Exercise, play and recreation", in the project entitled: "Modernization of the library system of the Aristotle University of Thessaloniki", AUTH RESEARCH COMMITTEE

Reviewer in journals:	International Journal of Sport and Exercise Psychology Perceptual & Motor Skills Journal of Motor Learning and Development Journal of Athletic Enhancement Journal of Novel Physiotherapies African Educational Research Journal
Citations (google scholar):	**213**
h-index (google scholar):	**6**