CURRICULUM VITAE

	
Surname/name:	Kouidi Evangelia
Position:	Professor of Sports Medicine, AUTh
Specialty:	Sports Medicine, Cardiology
Department:	Physical Education and Sports Science, Aristotle University of Thessaloniki
Laboratory:	Sports Medicine Laboratory, AUTh
Current administrative positions:	• Director of the Sports Medicine Laboratory, AUTh (2018-present) • Director of the postgraduate programme "HUMAN PERFORMANCE" of the School of Physical Education and Sports Science, AUTh (2018-present) • President of the internal evaluation Group (OM.E.A.) of the School of Physical Education and Sports Science in the Quality Assurance Unit (MODIP) of AUTh (2016-present)
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Qualifications	
Degree:	• Bachelor in Sports Science, School of Physical Education and Sports Science, AUTh, Greece 1992 • MD Medicine, Medical School, AUTh, Greece 1998

MD Specialty:	Cardiology, Greece 2006
PhD:	Ph.D. Thesis :" Functional and Morphological adaptations of exercise rehabilitation in patients with end-stage renal disease on hemodialysis'" Medical School, AUTh, Greece 1996
Teaching	
Undergraduate courses:	1. Sports Medicine 2. Applied Sports Medicine 3. First aids in arenas 4. Sports Cardiology **5.** Exercise rehabilitation in chronic diseases
Postgraduate courses:	1. Sports Medicine 2. Sports cardiology-pathology **3.** Exercise training for patients with chronic diseases **4.** Cardiac Rehabilitation
Research	
Research interests:	• Cardiovascular preparticipation screening. • Detection of health disorders during exercise training, prevention of sudden cardiac death in sports • Cardiovascular and respiratory responses and adaptations of exercise training in athletes and patients with chronic diseases. • Side effects of doping • Effective and safe exercise rehabilitation programs for patients with chronic diseases • Effects of exercise rehabilitation on cardiac morphology and function, skeletal muscle atrophy and quality of life in patients with chronic diseases
Books and chapters in books:	Exercise as a therapy (ISBN: 978-960-12-2446-6) Asterios Deligiannis, Evangelia Kouidi University Studio Press 2019
Recent Selected publications:	1. Khudair M, Marcuzzi A, Ng K, Tempest GD, Bartoš F, Peric R, Maier M, Beccia F, Boccia S, Brandes M, Cardon G, Carlin A, Castagna C, Chaabene H, Chalkley A, Ciaccioni S, Cieślińska-Świder J, Čingienė V, Cortis C, Corvino C, de Geus EJ, Di Baldassarre A, Di Credico A, Drid P, Fernández Tarazaga RM, Gallè F, García Sánchez E, Gebremariam M, Ghinassi B, Goudas M, Hayes G, Honorio S, Izzicupo P, Jahre H, Jelsma J, Juric P, Kolovelonis A, Kongsvold A, Kouidi E, Mansergh F, Masanovic B, Mekonnen T, Mork PJ, Murphy M, O'Hara K, Torun AO, Palumbo F, Popovic S, Prieske O, Puharic Z, Ribeiro JC, Rumbold PLS, Sandu P, Sorić M, Stavnsbo M, Syrmpas I, van der Ploeg HP, Van

Hoye A, Vilela S, Woods C, Wunsch K, Caprinica L, MacDonncha C, Ling FCM; DE-PASS. DE-PASS Best Evidence Statement (BESt): modifiable determinants of physical activity and sedentary behaviour in children and adolescents aged 5-19 years-a protocol for systematic review and meta-analysis. BMJ Open. 2022;12(9):e059202

2. Annema C, De Smet S, Castle EM, Overloop Y, Klaase JM, Janaudis-Ferreira T, Mathur S, Kouidi E, Perez Saez MJ, Matthys C, Dobbels F, Ferrari P, Gołębiewska J, Mrzljak A, Girman P, Perch M, Lopez-Lopez V, White C, Koval D, Greenwood S, Monbaliu D. European Society of Organ Transplantation (ESOT) Consensus Statement on Prehabilitation for Solid Organ Transplantation Candidates. Transpl Int. 2023; 36:11564.
3. Divaris E, Anagnostis P, Gkekas NK, Kouidi E, Goulis DG. Early menopause and premature ovarian insufficiency may increase the risk of sarcopenia: A systematic review and meta-analysis. Maturitas. 2023; 175:107782.
4. Hansen D, Beckers P, Neunhäuserer D, Bjarnason-Wehrens B, Piepoli MF, Rauch B, Völler H, Corrà U, Garcia-Porrero E, Schmid JP, Lamotte M, Doherty P, Reibis R, Niebauer J, Dendale P, Davos CH, Kouidi E, Spruit MA, Vanhees L, Cornelissen V, Edelmann F, Barna O, Stettler C, Tonoli C, Greco E, Pedretti R, Abreu A, Ambrosetti M, Braga SS, Bussotti M, Faggiano P, Takken T, Vigorito C, Schwaab B, Coninx K. Standardised Exercise Prescription for Patients with Chronic Coronary Syndrome and/or Heart Failure: A Consensus Statement from the EXPERT Working Group. Sports Med. 2023;53(11):2013-2037.
5. Ghisi GLM, Kim WS, Cha S, Aljehani R, Cruz MMA, Vanderlei LCM, Pepera G, Liu X, Xu Z, Maskhulia L, Venturini E, Chuang HJ, Pereira DG, Trevizan PF, Kouidi E, Batalik L, Ghanbari Firoozabadi M, Burazor I, Jiandani MP, Zhang L, Tourkmani N, Grace SL. Women's Cardiac Rehabilitation Barriers: Results of the International Council of Cardiovascular Prevention and Rehabilitation's First Global Assessment. Can J Cardiol. 2023: S0828-282X(23)01552-0.
6. Hansen D, Coninx K, Beckers P, Cornelissen V, Kouidi E, Neunhauserer D, Niebauer J, Spruit MA, Takken T, Dendale P; EXPERT Network working group. Appropriate exercise prescription in primary and secondary prevention of cardiovascular disease: why this skill remains to be improved among clinicians and healthcare professionals. A call for action from the EXPERT Network. Eur J Prev Cardiol. 2023: zwad232.
7. Mitropoulos A, Anifanti M, Koukouvou G, Ntovoli A, Alexandris K, Kouidi E. Exploring the effects of real-time online cardiac telerehabilitation using wearable devices compared to gym-based cardiac exercise in people with a recent myocardial infarction: a randomised controlled trial. Front Cardiovasc Med 2024: 11:1410616.
8. Ghisi GLM, Cruz MMAD, Vanderlei LCM, Liu X, Xu Z, Jiandani MP, Cuenza L, Kouidi E, Giallauria F, Mohammed J, Maskhulia L, Trevizan PF, Batalik L, Pereira DG, Tourkmani N, Burazor I, Venturini E, Lira GG, Rehfeld MBCV, Neves VR, Borges GJ, Kim WS, Cha S, Zhang L, Grace SL. Psychometric validation of the short version of the Information Needs in Cardiac Rehabilitation

	scale through a first global assessment. Eur J Prev Cardiol. 2024 May 9:zwae148. 9. Kouidi E, Hanssen H, Anding-Rost K, Cupisti A, Deligiannis A, Grupp C, Koufaki P, Leeson P, Segura-Orti E, Van Craenenbroeck A, Van Craenenbroeck E, Clyne N, Martin H. The role of exercise training on cardiovascular risk factors and heart disease in patients with chronic kidney disease G3-G5 and G5D: A Clinical Consensus Statement of the European Association of Preventive Cardiology (EAPC) of the ESC and the European Association of Rehabilitation in Chronic Kidney Disease (EURORECKD). Eur J Prev Cardiol. 2024: 31(12):1493-1515 10. Mitropoulos A, Anifanti M, Koukouvou G, Ntovoli A, Alexandris K, Kouidi E, Exploring the feasibility, acceptability, and safety of a real-time cardiac telerehabilitation and tele coaching programme using wearable devices in people with a recent myocardial infarction. BMC Sports Science, Medicine and Rehabilitation 2024; 16:207 https://doi.org/10.1186/s13102-024-00992-5
Current research projects:	1. Exercise training and quality of life in patients with chronic diseases 2. Preparticipation screening of amateur soccer players 3. VIRTUAL HEALTH PLATFORM TO ENCOURAGE INTEGRATED CARE FOR DIALYSIS PATIENTS (ERASMUS+, KEY ACTION 2 (KA2) - COOPERATION FOR INNOVATION AND THE EXCHANGE OF GOOD PRACTICES) 4. PhysAgeNet: Network on evidence-based physical activity in old age -EU COST (European Cooperation in Science and Technology) (CA20104) 5. EU COST ACTION: Participatory Approaches with Older Adults (PAAR-net) European Cooperation in Science and Technology) CA22167
Scopus Cited Documents	162
Citations (in Scopus):	5022
h-index in Scopus:	37