

CURRICULUM VITAE

Personal details	
Surname/name:	SAROGLAKIS GEORGE
Position:	Special Teaching Staff in Weightlifting
Department:	Division of Sports
Laboratory:	Biological Evaluation of Human Performance
Current administrative positions:	
Personal Webpage:	
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Student consultation:	Tuesday : 10.00 – 14.00
Qualifications	
Degree:	Department of Physical Education and Sport Science. Aristotelian University of Thessaloniki. Specialty in Weightlifting
Master:	"Exercise and Health". Aristotelian University of Thessaloniki.
PhD:	
Teaching	
Undergraduate courses:	1. Weightlifting
Postgraduate courses:	1.
Research	
Research interests:	Weightlifting, Muscle Strength Development.
Books and chapters in books:	"Weightlifting", Saroglakis, G., Zarzavatsidis, D.. Editions Kiriakidis. "Weightlifting – Workout Desing", Saroglakis, G., Zarzavatsidis, D..

	General Secretariat Sports, Athens 1996.
Selected publications (up to 10):	<ol style="list-style-type: none"> 1. Saroglakis G, Kritikos A, Arzoglou P, Kokaridas D, & Patsiaouras A.. (2014). The effect of aerobic and weight lifting exercise on blood clotting. International Journal of Medical and Pharmaceutical Case Reports. http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Reviewer-suggestion). 2. Mangouritsa, G., Kokaridas, D., Patsiaouras, A., Saroglakis, G., & Chatzis, G. (2013). Coach & Basketball Player Achievement Goals and Use of Psychological Techniques: An Individual Case Analysis. Peppa Scientific Journal. = article & id = 160: georgia-magouritsa-dimitrios-kokaridas-asterios-patsiaouras-george-saroglakis-george-hatzis- & catid = 56: teyxos-2013 & Itemid = 54). 3. Patsiaouras, A. Paraschopoulos, I. Saroglakis, G. (2008). Exercise and International Exercise Programs for AIDS Carriers and Patients. Her online magazine. Panhellenic Association of Physical Education Graduates 2/2008. (www.pepfa.gr). 4. Saroglakis G., Soulas D., Tzamurtas A., Koustelios A. (2004). The effect of weightlifting training on bodybuilding of adolescent athletes. Online journal "Research in Physical Education and Sport" (2004), 2.87-92, of the Hellenic Academy of Physical Education (www.hape.g 5. Saroglakis G., Soulas D., Tziamourtas A., Koustelios A.. (2003). Development evaluation of the body height of junior weightlifting athletes. "Alto Rendimiento", ciencia deportiva, entrenamientos y fitness. El único boletín Español y Sur Americano impreso y por suscripción. Spain, 11, 9/2003. (www.altorendimiento.net). 6. Bagiatis K., Kellis S., Saroglakis G. (1993). "Prediction models of the World Records in Weightlifting""Human Movement Studies", 1993, 25 (255-270). 7. Saroglakis G. (1991). "Weight Loss Injuries and their Prevention". "Sport and Society". Komotini 1991, 3, (22 - 34). 8. Bamidis P., Mouzakidis C., Zilidou V., Saroglakis G., (2014). Implementation of an innovative system for the physical and mental exercise of older people with the application of new technologies. Long Lasting Memories - Care, LLMCare ". 22nd International Conference on Physical Education & Sport. Komotini, 5/2014 9. Saroglakis G. .. (2012). New gym pricing strategies to deal with the financial crisis. Employment and Career Structure (DASTA), University of Thessaly Liaison Office. Round Table, 3/2012.. 10. Saroglakis, G. (2012). Motivation & Fitness Strategies for Fitness Practitioners .. Global Fitness Connect. Athens 10-11 / 03/2012.
Current research projects:	

Reviewer in journals:	
Citations (citations in Scopus):	
h-index in Scopus:	