

## CURRICULUM VITAE

	
<b>Personal details</b>	
Surname/name:	<b>Dimitrios Mylosis</b>
Position:	<b>Teaching Staff</b>
Specialty:	<b>Gymnastics</b>
Department:	<b>Division of Sports</b>
Laboratory:	<b>Laboratory of Biological Evaluation of Human Performance</b>
Current administrative positions:	
Personal Webpage:	
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Student consultation:	<b>Tuesday, Friday, 9.00-11.00</b>
<b>Qualifications</b>	
Degree:	<ol style="list-style-type: none"> <li>1. PHED, AUTH, 1988</li> <li>2. Department of Business Administration, University of Macedonia, 2004</li> </ol>
Master:	<b>PHED, AUTH, 2000</b>
PhD:	<ol style="list-style-type: none"> <li>1. D.P.E.S., D.U.Th., 2004</li> <li>2. PHED, AUTH, 2018</li> </ol>

<b>Teaching</b>	
Undergraduate courses:	<ol style="list-style-type: none"> <li>1. <b>Didactics of Artistic Gymnastics</b></li> <li>2. <b>Specialty of Artistic Gymnastics</b></li> <li>3. <b>Acrobatic Gymnastics</b></li> <li>4. <b>Trampoline Gymnastics</b></li> </ol>
Postgraduate courses:	<ol style="list-style-type: none"> <li>1. <b>Exercise Physiology</b></li> </ol>
<b>Research</b>	
Research interests:	<b>Gymnastics training, Gymnastics performance evaluation, Gymnastics psychology, School physical education</b>
Books and chapters in books:	<ol style="list-style-type: none"> <li>1. Papaioannou, A., &amp; <b>Milosis, D. (2009)</b>. Interdisciplinary teaching, goal orientation, self-determination, and responsibility in life. In Ernest Tsung-Min Hung, Ronnie Lidor and Dieter Hackfort (Eds.) <i>“Psychology of Excellence”</i> (pp. 75-89). Meyer &amp; Meyer Publication.</li> <li>2. <b>Milosis, D., &amp; Papaioannou, A. (2007)</b>. Interdisciplinary teaching, multiple goals and Self-concept. In J. Liukkonen, &amp; Y. Theodorakis (Eds.), <i>Psychology for Physical Educators</i> (pp. 175-198). FEPSAC Publication.</li> <li>3. Kosmidou, E., Tsigilis, N., &amp; <b>Milosis, D. (2007)</b>. Measuring perceived motivational climate in physical education. In J. Liukkonen, &amp; Y. Theodorakis (Eds.), <i>Psychology for Physical Educators</i> (pp. 35-56). FEPSAC Publication.</li> <li>4. <b>Milosis, D. (2022)</b>. <i>Physical Education in preschool and school age. Contemporary child-centered approach</i>, p. 648. Thessaloniki: Kyriakidis Editions.</li> <li>5. Papaioannou, A., Ampatzoglou, G., <b>Milosis, D., &amp; Siskos, V. (2021)</b>. <i>Development of a new curriculum and supporting material (educator's guide) - (MIS: 5035542) in the field of physical education (junior high school)</i>. Operational Program Human Resources Development, Education and Lifelong Learning.</li> <li>6. Papaioannou, A., Ampatzoglou, G., <b>Milosis, D., &amp; Siskos, V. (2021)</b>. <i>Technical specifications for the development of an educational package (student book, teacher book, and laboratory guide where required) for the new curriculum - (MIS: 5035542) in the field of physical education (junior high school)</i>. Operational Program Human Resources Development, Education and Lifelong Learning.</li> <li>7. Papaioannou, A., Ampatzoglou, G., <b>Milosis, D., &amp; Siskos, V. (2021)</b>. <i>Development of continuing education material for the new curriculum - (MIS: 5035543) in the field of physical education (junior high school)</i>. Operational Program Human Resources Development, Education and Lifelong Learning.</li> <li>8. Papaioannou, A., Digelidis, N., Kouli, O., <b>Milosis, D. &amp; Christodoulidis, T. (2017)</b>. <i>School physical education in the 21st century: Junior and high school</i>. Hellenic Academy of Physical Education (HAPE). Kyriakidis Bros-Publications S. A. Thessaloniki.</li> <li>9. Goudas, M., Theodorakis, I., Patsiaouras, A., Ntanis, A., Theodosiou, A., Kolovelonis, A., Kosmidou, E., <b>Milosis, D. (2015)</b>. <i>A Guide for physical education teacher-high school. New school (school of the 21<sup>st</sup> Century)-New Curriculum</i>. Athens.</li> </ol>

	<ol style="list-style-type: none"> <li>10. Papaioannou, A., Digelidis, &amp; <b>Milosis, D. (2011)</b>. <i>A Guide for physical education teacher-Junior high school</i>. Operational program for education and lifelong learning. Ministry of Education, Lifelong Learning and Religious Affairs. Special Management Service. Athens.</li> <li>11. Papaioannou, A., Laparidis, K., Serbezis, B., Pilianidis, Th., Michalopoulou, M., Karipidis, A., Christodoulidis, T. Kouli, O., <b>Milosis, D.</b> &amp; Siskos, V. <b>(2008)</b>. <i>Physical education, 3<sup>rd</sup> Grade of junior high school, teacher's book</i>. YPEPTH, Pedagogical Institute, Athens: DBPO.</li> <li>12. Papaioannou, A., Laparidis, K., Michalopoulou, M., Pilianidis, Th., Zetou, E., Goulimaris, D., Karipidis, A., <b>Milosis, D.</b> Christodoulidis, T. Kouli, O., Kalogiannis, P., &amp; Konstandinidou, X., <b>(2007)</b>. <i>Physical education, 2<sup>nd</sup> Grade of junior high school, teacher's book</i>. YPEPTH, Pedagogical Institute, Athens: DBPO.</li> </ol>
Selected publications (up to 10):	<ol style="list-style-type: none"> <li>1. <b>Milosis, C. D. (2023)</b>. Validity of gymnastics-specific assessment of neuromuscular function of shoulder flexor and extensor muscles to predict performance in gymnastics skills. <i>The Journal of Strength and Conditioning Research</i>, 37(3), 652-660.</li> <li>2. <b>Milosis, C. D., &amp; Siatras, A. T. (2022)</b>. Gender Differences in university students' Gymnastics Specific Self-efficacy and performance. <i>Science of Gymnastics Journal</i>, 14(3), 401-420.</li> <li>3. <b>Milosis, C. D., Siatras, A. T., Christoulas, I. K., &amp; Patikas, A. D. (2020)</b>. Construct validity of gymnastics-specific assessment on the neuromuscular function of shoulder flexor and extensor muscles. <i>Sports Biomechanics</i>, 1-16.</li> <li>4. Papaioannou, G. A., <b>Milosis, C. D., &amp; Gotzaridis, Ch. (2020)</b>. Interdisciplinary teaching of physics in physical education: Effects on students' motivation. <i>Journal of Teaching in Physical Education</i>, 39(2), 156-164. doi:</li> <li>5. <b>Milosis, C. D., Siatras, T., Christoulas, K., &amp; Patikas, D. (2018)</b>. Relative and absolute reliability of isometric and isokinetic shoulder torque and flexion/extension ratios in gymnasts. <i>Science of Gymnastics Journal</i>, 10(2), 227-244.</li> <li>6. <b>Milosis, D., Siatras, T., Proios, M., &amp; Proios, M., Christoulas, K., &amp; Papaioannou, A. (2018)</b>. Accuracy of University students' skill-specific self-efficacy and Self-efficacy-performance in gymnastics relationship. <i>International Journal of Sport Psychology</i>, 49(5), 429-447.</li> <li>7. <b>Milosis, D., Papaioannou, A., Siatras, T., Proios, M., &amp; Proios, M. (2015)</b>. Gender Differences on Attitudes and Participation in an Extracurricular Gymnastics Course among Greek University Students. <i>Journal of Teaching in Physical Education</i>, 34(3), 424-441.</li> <li>8. Papavasiliou, A., Siatras, T., Bintoudi, A., <b>Milosis, D., Lallas, V., Sykaras, E., Karantanis, A. (2014)</b>. The gymnasts' hip and groin: a magnetic resonance imaging study in asymptomatic elite athletes. <i>Skeletal Radiology</i>, 1-7.</li> <li>9. <b>Milosis, D., Siatras, T. (2012)</b>. Sex differences in young gymnasts' postural steadiness. <i>Perceptual and Motor Skills</i>, 114(1), 1-10.</li> <li>10. Papaioannou, A., <b>Milosis, D., Kosmidou, E., &amp; Tsigilis, N. (2007)</b>. Motivational climate and goals at the situational level of generality.</li> </ol>

	<i>Journal of Applied Sport Psychology, 19(1), 38-66.</i>
Current research projects:	
Reviewer in journals:	Science of Gymnastics Journal.
Citations (citations in Scopus):	<b>211</b>
h-index in Scopus:	<b>6</b>
Citations in ResearchGate	<b>372</b>
h-index in ResearchGate	<b>9</b>
Citations in Google Scholar	<b>512</b>
h-index in Google Scholar	<b>9</b>