

CURRICULUM VITAE

Personal details	
Surname/name:	Kouidi Evangelia
Position:	Professor of Sports Medicine, AUTH
Specialty:	Sports Medicine, Cardiology
Department:	Physical Education and Sports Science, Aristotle University of Thessaloniki
Laboratory:	Sports Medicine Laboratory, AUTH
Current administrative positions:	<ul style="list-style-type: none"> • Director of the Sports Medicine Laboratory, AUTH (2018-present) • Director of the Inter-faculty postgraduate programme “EXERCISE AND HEALTH” of the Schools of Physical Education and Sports Science and Medicine, AUTH (2017-present) • Director of the postgraduate programme “HUMAN PERFORMANCE” of the School of Physical Education and Sports Science, AUTH (2018-present) • President of the internal evaluation Group (OM.E.A.) of the School of Physical Education and Sports Science in the Quality Assurance Unit (MODIP) of AUTH (2016-present)
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Contact details	
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Student consultation:	Tuesday-Wednesday 9:30-10:30
Qualifications	
Degree:	<ul style="list-style-type: none"> • Bachelor in Sports Science, School of Physical Education and Sports Science, AUTH, Greece 1992 • MD Medicine, Medical School, AUTH, Greece 1998
MD Specialty:	Cardiology, Greece 2006

PhD:	Ph.D. Thesis :” Functional and Morphological adaptations of exercise rehabilitation in patients with end-stage renal disease on hemodialysis” Medical School, AUTH, Greece 1996
Teaching	
Undergraduate courses:	<ol style="list-style-type: none"> 1. Sports Medicine, 2. Applied Sports Medicine 3. Athletes’ internal medicine- first aids in arenas 4. Sports Cardiology 5. Exercise rehabilitation in chronic diseases
Postgraduate courses:	<ol style="list-style-type: none"> 1. Sports Medicine, 2. Sports cardiology-pathology 3. Exercise training for patients with chronic diseases 4. Cardiac Rehabilitation
Research	
Research interests:	<ul style="list-style-type: none"> • Cardiovascular preparticipation screening. • Detection of health disorders during exercise training, prevention of sudden cardiac death in sports • Cardiovascular and respiratory responses and adaptations of exercise training in athletes and patients with chronic diseases. • Side effects of doping • Effective and safe exercise rehabilitation programs for patients with chronic diseases • Effects of exercise rehabilitation on cardiac morphology and function, skeletal muscle atrophy and quality of life in patients with chronic diseases
Books and chapters in books:	<p>Exercise as a therapy (ISBN: 978-960-12-2446-6) Asterios Deligiannis, Evangelia Kouidi University Studio Press 2019</p>
Selected publications (up to 10):	<ol style="list-style-type: none"> 1. Benzer W, Rauch B, Schmid JP, Zwisler AD, Dendale P, Davos CH, Kouidi E, Simon A, Abreu A, Pogosova N, Gaita D, Miletic B, Bönner G, Ouarrak T, McGee H; EuroCaReD study group. Exercise-based cardiac rehabilitation in twelve European countries: Results of the European Cardiac Rehabilitation Registry. <i>Int J Cardiol</i> 2017; 228: 58-67 2. Hansen D, Dendale P, Coninx K, Vanhees L, Piepoli MF, Niebauer J, Cornelissen V, Pedretti R, Geurts E, Ruiz GR, Corrà U, Schmid JP, Greco E, Davos CH, Edelmann F, Abreu A, Rauch B, Ambrosetti M, Braga SS, Barna O, Beckers P, Bussotti M, Fagard R, Faggiano P, Garcia-Porrero E, Kouidi E, Lamotte M, Neunhäuserer D, Reibis R, Spruit MA, Stettler C, Takken T, Tonoli C, Vigorito C, Völler H, Doherty P. The European Association of

	<p>Preventive Cardiology Exercise Prescription in Everyday Practice and Rehabilitative Training (EXPERT) tool: A digital training and decision support system for optimized exercise prescription in cardiovascular disease. Concept, definitions and construction methodology. <i>Eur J Prev Cardiol.</i> 2017; 24(10):1017-1031</p> <ol style="list-style-type: none"> 3. Triantafyllidis A, Filos D, Claes J, Buys R, Cornelissen V, Kouidi E, Chouvarda I, Maglaveras N. Computerised Decision Support in Physical Activity Interventions: A Systematic Literature Review. <i>Int J Med Inform</i> 2018; 111(3): 7-16 4. Hansen D, Niebauer J, Cornelissen V, Barna O, Neunhäuserer D, Stettler C, Tonoli C, Greco E, Fagard R, Coninx K, Vanhees L, Piepoli MF, Pedretti R, Ruiz GR, Corrà U, Schmid JP, Davos CH, Edelmann F, Abreu A, Rauch B, Ambrosetti M, Braga SS, Beckers P, Bussotti M, Faggiano P, Garcia-Porrero E, Kouidi E, Lamotte M, Reibis R, Spruit MA, Takken T, Vigorito C, Völler H, Doherty P, Dendale P. Exercise Prescription in Patients with Different Combinations of Cardiovascular Disease Risk Factors: A Consensus Statement from the EXPERT Working Group. <i>Sports Med</i> 2018; 48(8):1781-1797 5. Sotiriou P, Kouidi E, Karagiannis A, Koutlianos N, Geleris P, Vassilikos V, Deligiannis A. Arterial adaptations in athletes of dynamic and static sports disciplines – a pilot study. <i>Clin Physiol Funct Imaging</i> 2019; ;39(3):183-191 6. Abreu A, Pesah E, Supervia M, Turk-Adawi K, Bjarnason-Wehrens B, Lopez-Jimenez F, Ambrosetti M, Andersen K, Giga V, Vulic D, Vataman E, Gaita D, Cliff J, Kouidi E, Yagci I, Simon A, Hautala A, Tamuleviciute-Prasciene E, Kemps H, Eysymontt Z, Farsky S, Hayward J, Prescott E, Dawkes S, Pavy B, Kiessling A, Sovova E, Grace SL. Cardiac rehabilitation availability and delivery in Europe: How does it differ by region and compare with other high-income countries?: Endorsed by the European Association of Preventive Cardiology. <i>Eur J Prev Cardiol</i> 2019; 26(11):1131-1146. 7. Michou V, Kouidi E, Liakopoulos V, Dounousi E, Deligiannis A. Attitudes of hemodialysis patients, medical and nursing staff towards patients' physical activity. <i>Int Urol Nephrol</i> 2019; 51(7):1249-1260. 8. Pagourelis ED, Kouidi E, Vassilikos VP. Recommendations for participation in competitive sport in athletes with hypertrophic cardiomyopathy: opening the sacks of Aeolus. <i>Eur Heart J.</i> 2019; 40(36):3064. 9. Supervia M, Turk-Adawi K, Lopez-Jimenez F, Pesah E, Ding R, Britto RR, Bjarnason-Wehrens B, Derman W, Abreu A, Babu AS, Santos CA, Jong SK, Cuenza L, Yeo TJ, Scantlebury D, Andersen K, Gonzalez G, Giga V, Vulic D, Vataman E, Cliff J, Kouidi E, Yagci I, et al. Nature of Cardiac Rehabilitation around the globe. <i>EClinicalMedicine</i> 2019; 13: 46-56 10. Turk-Adawi K, Supervia M, Lopez-Jimenez F, Pesah E, Ding R, Britto R, Bjarnason-Wehrens B, Derman W, Abreu A, Babu A, Anchique Santos C, Cuenza L, Joo Yeo T, et al. Cardiac Rehabilitation availability and density around the globe. <i>EClinicalMedicine</i> 2019; 13: 31-45
Current research projects:	1. Exercise training and quality of life in patients with chronic diseases

	<ol style="list-style-type: none"> 2. Preparticipation screening of amateur soccer players 3. Health screening of athletes 4. A collaborative partnership to develop, implement and evaluate a model of long-term physical activity and behavioral change in CHD European patients (ERASMUS + - EUROPEAN COMMISSION - EDUCATION, AUDIOVISUAL & CULTURE EXECUTIVE AGENCY) 5. A European collaborative and innovative partnership to promote physical activity after stroke event (ERASMUS + - EDUCATION, AUDIOVISUAL & CULTURE EXECUTIVE AGENCY)
Reviewer in journals:	<ul style="list-style-type: none"> • American Journal of Cardiology • American Journal of Kidney Disease • Cardiology Research and Practice • Clinical Physiology and Functional Imaging • European Journal of Cardiovascular Prevention and Rehabilitation • European Journal of Preventive Cardiology • Hippokrateia • Journal of Rehabilitation Medicine • Journal of Psychosomatic Research • Kidney International • Medical Science Monitor • Nephron • Nephrol Dialysis Transplantation • International Journal of Urology
Citations (citations in Scopus):	2608
h-index in Scopus:	26