

CURRICULUM VITAE

Personal details	
Surname/name:	Kosmidou Evdoxia
Position:	Special Teaching Staff
Specialty:	Physical education emphasizing in Rhythmic Gymnastics
Department:	Division of Sports
Laboratory:	Laboratory Human Research and Sport Psychology
Current administrative positions:	-
Personal Webpage:	-
Contact details	
Office:	Thermi, Tennis Building, Office 9a
Tel:	2310 991821
Fax:	-
e-mail:	ekosmido@phed.auth.gr
Student consultation:	Tuesday: 10:30-13:00, Wednesday: 10:30-13:00
Qualifications	
Degree:	Bachelor of Department of Physical Education and Sport Sciences, Aristotle University of Thessaloniki Specialization: Rhythmic Gymnastics.
Master:	“Physical performance and Health” (Aristotle University of Thessaloniki, Democritus University of Thrace, University of Thessaly), with specialization Physical Education (2000).
PhD:	<ol style="list-style-type: none"> 1. “Physical activity and Quality of life”, Aristotle University of Thessaloniki (2014). Specialization: Rhythmic Gymnastics. 2. “Exercise and Quality of life”, Collaboration of Department of Physical Education & Sport of the University of Thessaly and Department of Physical Education & Sport of the Democritus University of Thrace (2007).

Teaching	
Undergraduate courses:	<ol style="list-style-type: none"> 1. Teaching Rhythmic Gymnastics I 2. Teaching Rhythmic Gymnastics II 3. Specialization Rhythmic Gymnastics (visitor)
Postgraduate courses:	1. -
Research	
Research interests:	Rhythmic Gymnastics, sport psychology, health education, children- parents-coaches and sports.
Books and chapters in books:	<ul style="list-style-type: none"> • Palmer, C. H. (2017). Teaching Rhythmic gymnastics: A Developmentally Appropriate Approach. Thessaloniki: University Studio Press (Translation-Editors: Giannitsopoulou E., & Kosmidou E.). • Theodorakis, Y., Tsiamourtas, Ath., Natsis, P. & Kosmidou, E. (2006). . «Student’s book for Physical Education in Junior high school» Theodorakis, Y., Tsiamourtas, Ath., Natsis, P., & Kosmidou, E. (2006). Ministry of Education and Religious affairs • Goudas, M., Albanidis, E., Derri, V., Chroni, S., Zachopoulou, E., Hassandra, M., Avgerinos, A., Kourtesis, Th., Kosmidou, E., Zisi, V., Hatzigeorgiadis, A., Kouli, O., Nikopoulou, M. (2008). Kallipateira. Ministry of Education and Religious affairs <ul style="list-style-type: none"> ✓ Teacher’s book, ✓ Student’s book for 1st-2nd-3rd grade of elementary school, ✓ Student’s book for 4th, 5th, 6th grade of elementary school, ✓ Student’s book for junior high school • Kitsantas, A., Kolovelonis, A., Gorozidis, G. S., & Kosmidou, E. (2018). Connecting Self-regulated Learning and Performance with High School Instruction in Health and Physical Education. In Connecting Self-regulated Learning and Performance with Instruction Across High School Content Areas (pp. 351-373). Dordrecht, The Netherlands: Springer International Publishing. doi:10.1007/978-3-319-90928-8_12Springer, Cham. (Third and fourth authors had equal contribution to this chapter and they are cited in alphabetical order) • Papaioannou, Ath., Kosmidou, E., Tsigilis, N., & Milosis, D. (2007). Measuring perceived motivational climate in physical education. In J. Liukkonen, Y. V. Auweel, B. Vereijken, D. Alfermann, Y. Theodorakis (Ed.), Psychology for Physical Educators: student in focus (pp. 35-56), Human Kinetics.
Selected publications (up to 10):	<ol style="list-style-type: none"> 1. Kosmidou, E., Ouzounidou, Ch., & Giannitsopoulou, E. (2019). Approach and avoidance coping strategies in rhythmic gymnastics athletes: Do coaches effect? <i>Women & Sports, XI</i>, 55-73. 2. Sigala, M., Kosmidou, E., & Giannitsopoulou, E. (2018). Examination of the relations between social physique anxiety, body esteem and body image satisfaction in female athletes (current and former)," PANR Journal, October 31, https://www.panr.com.cy/?p=1764. 3. Pavlidou, E., Sofianidou, A., Lokosi, A., & Kosmidou, E. (2018). Creative dance as a tool for kindergarden teachers; developing preschoolers’

	<p>communicative skills and movement expression. <i>European Psychomotricity Journal</i>, 10 (1), 3-15.</p> <p>4. Kosmidou E., Giannitsopoulou E., & Proios M. (2018). Relationship between body esteem and eating attitudes, pressure to be thin by significant others, BMI and training age in rhythmic gymnastics athletes. <i>Science of Gymnastics Journal</i>, 10 (2), 189-201.</p> <p>5. Kosmidou E., Giannitsopoulou E., & Moysidou D. (2017). Social Physique Anxiety and pressure to be thin in adolescent ballet dancers, rhythmic gymnastics and swimming athletes. <i>Research in Dance Education</i>, 18, 1, 1-11. (http://dx.doi.org/10.1080/14647893.2016.1223027)</p> <p>6. Kosmidou E. (2015). The Approach of a Program's Development to enhance rhythmic gymnastics athletes' positive body image and eating attitudes. <i>Inquiries in Sport & Physical Education</i>, 15 (2), 52-64. ISSN 1790-3041.</p> <p>7. Kosmidou E., Giannitsopoulou E., & Proios, M. (2015). Perceived locus of control in Rhythmic Gymnastics by coaches and judges. <i>Sport Science Review</i>, XXIV (1-2), 89 – 102. ISSN: 2069-7244</p> <p>8. Kosmidou E., Proios M., Giannitsopoulou E., Siatras Th., Doganis G., Proios M., Douda H., & Fachantidou-Tsiligioglou A., (2015). Evaluation of an intervention program on body esteem, eating attitudes and pressure to be thin in Rhythmic Gymnastics athletes. <i>Science of Gymnastics Journal</i>, 7 (3), 23-36.</p> <p>9. Kosmidou E. & Pavlidou E. (2015). Do pre-service kindergarten teachers in Greece intent to include movement education? An application of Planned Behavior Theory. <i>European Psychomotricity Journal</i>, 7, 32-42. ISSN:1791-3837</p> <p>10. Kosmidou E., Proios M., & Giannitsopoulou E.(2013). Physical self worth, athletic engagement and goal orientations in Greek female athletes. <i>Pamukkale Journal of Sport Sciences</i>, 4 (2), 79-93. (ISSN: 1309-0356).</p>
Current research projects:	-
Reviewer in journals:	<ul style="list-style-type: none"> • Inquiries in Sport & Physical Education • Pamukkale Journal of Sport Sciences • Educational Research and Reviews • Journal of Physical Education and Sport Management • Human Movement • Athlisi & Koinonia • Women & Sports
Citations (citations in Scopus):	104
h-index in Scopus:	4