

CURRICULUM VITAE

Personal details	
Surname/name:	AFRODITI LOLA
Position:	ASSISTANT PROFESSOR
Specialty:	MODELS FOR THE DEVELOPMENT OF PERCEPTUAL-MOTOR SKILLS IN CHILDREN'S SPORTS
Department:	PHYSICAL EDUCATION AND SPORT SCIENCES
Laboratory:	LABORATORY OF MOTOR BEHAVIOUR AND ADAPTED PHYSICAL ACTIVITY
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Student consultation:	Tuesday - Wednesday 10:00-12:00
Qualifications	
Degree:	B. Sc. - Diploma in Sports Science Aristotle University of Thessaloniki Department of Physical Education and Sports Science
Master:	M.Sc. POSTGRADUATE DIPLOMA IN SPORTS SCIENCES Aristotle University of Thessaloniki, Department of Physical Education and Sports Science
PhD:	Ph.D PhD in Sports Science Aristotle University of Thessaloniki, Department of Physical Education and Sports Science
Teaching	
Undergraduate courses:	"LEARNING AND DEVELOPMENT OF MOTOR SKILLS" "ENTREPRENEURSHIP AND INNOVATION IN THE SPORT SECTOR" "ORGANISATION OF SPORTS CLUBS"

Postgraduate courses:	
Research	
Research interests:	<ul style="list-style-type: none"> -Motor Learning -Development of motor and perceptual skills with emphasis on children's sports -Effective training (types of feedback) -Performance analysis -Teaching-learning of sports skills
Books and chapters in books:	<p>A. Lola, & G. Tzetzis (2021). Learning and development of motor or perceptual skills in sports in H. G. Nielsen (Ed.) open access e-book Sport Psychology in Sports, Exercise and Physical Activity. London: IntechOpen. ISBN 978-1-83969-720-3.</p> <p>Tzetzis, G. & Lola, A. (2015). Motor learning and Development: Callipos Publications.</p> <p>Tzetzis, G. & Lola, A. (2017). Entrepreneurship and Innovation in the sports sector. University. University notes.</p> <p>Tzetzis, G. & Lola, A. (2017). Organization and management of a sports club. University notes.</p>
Selected publications:	<p>Giatsis, G., Drikos, S., & Lola, A. (2022). Analysis of match report indicators in men's volleyball olympics and world championships (2014–2021) depending on the type of final score. <i>International Journal of Sports Science & Coaching</i>.</p> <p>Lola A, Tzetzis G, Manou V, Alexandropoulou S. (2022). Attentional focus on learning fundamental movement skills in children. <i>Phys Act Rev</i>; 10(1), 60-67</p> <p>Tiktampanidi, E., Lykesas, G., Lola, A., Bakirtzoglou, P., & Chatzopoulos, D. (2021). Effects of a Creative Movement Program on Balance in Young Children. <i>Journal of Exercise Physiology Online</i>, 24(5).</p> <p>Katsanis, G., Chatzopoulos, D., Barkoukis, V., Lola, A. C., Chatzelli, C., & Paraschos, I. (2021). Effect of a school-based resistance training program using a suspension training system on strength parameters in adolescents. <i>Journal of Physical Education and Sport</i>, 21(5), 2607-2621.</p> <p>Asimakidis, N. D., Dalamitros, A. A., Ribeiro, J., Lola, A. C., & Manou, V. (2021). Maturation Stage Does Not Affect Change of Direction Asymmetries in Young Soccer Players. <i>J. Strength Cond. Res</i>.</p> <p>Kapodistria, L., Chatzopoulos, D., Chomoriti, K., Lykesas, G., & Lola, A. (2021). Effects of a Greek Traditional Dance Program on Sensorimotor Synchronization and Response Time of Young Children. <i>International Electronic Journal of Elementary Education</i>, 14(1), 1-8.</p>

Current research projects:	<ul style="list-style-type: none"> -Research associate in the project "Sports, Hospitality and Sports Tourism Management", AUTH RESEARCH COMMITTEE -Research associate in the project "Development and operation of technological applications for the promotion of cycling tourism in the region – GoBike, AUTH RESEARCH COMMITTEE -Collection and analysis of evaluation questionnaires and creation of educational material in the framework of the Interdepartmental Postgraduate Programme "Human Performance and Health", AUTH RESEARCH COMMITTEE -Data processing in the framework of the Interdepartmental Postgraduate Programme "Human Performance and Health", AUTH RESEARCH COMMITTEE -Part of the implementation of the project "Dual Careers of Athletes of the University of Peloponnese", in the framework of the Operational Programme "Education and Lifelong Learning", PEL/NESSEU RESEARCH COMMITTEE. -Lifelong learning and knowledge updating program for graduates of higher education institutions entitled "Modern forms of tourism development: innovative actions in sports, cultural, religious, educational and ecological tourism -PEGA", AUTH RESEARCH COMMITTEE -Evaluation of laboratory courses for the Innovation and Entrepreneurship Unit, AUTH RESEARCH COMMITTEE -Project monitoring and project results processing, in the project entitled: "Intervention program for social integration", AUTH RESEARCH COMMITTEE -Project monitoring and project results processing, in the project entitled: "Programme for the integration of people threatened with social exclusion", AUTH RESEARCH COMMITTEE -Completion and creation of online courses "Research methodology" and "Exercise, play and recreation", in the project entitled: "Modernization of the library system of the Aristotle University of Thessaloniki", AUTH RESEARCH COMMITTEE

Reviewer in journals:	<p>International Journal of Sport and Exercise Psychology</p> <p>Perceptual & Motor Skills</p> <p>Journal of Motor Learning and Development</p> <p>Journal of Athletic Enhancement</p> <p>Journal of Novel Physiotherapies</p> <p>African Educational Research Journal</p>
Citations (google scholar):	213
h-index (google scholar):	6