


CURRICULUM VITAE

	
Personal details	
Surname/name:	Sophia Papadopoulou
Position:	Associate Professor, School of Physical Education and Sport Sciences, Aristotle University of Thessaloniki, Greece
Specialty:	Volleyball Coaching
Department:	Sports
Laboratory:	Evaluation of Human Biological Performance
Current administrative positions:	<p>Evaluation and Appeals Committee of Practical Exercise, by the decision of the General Assembly of T.E.F.A.A. - A.U.TH.</p> <p>Supervisor of the Practical Exercise research program, of Volleyball students of T.E.F.A.A. - A.U.TH.</p> <p>Evaluation Committee setting criteria for the optimal utilization of T.E.F.A.A. scientific Laboratories equipment, by the decision of the General Assembly of T.E.F.A.A. - A.U.TH.</p> <p>Committee for full academic credits recognition of transfer students', by the decision of the General Assembly of T.E.F.A.A. - A.U.TH.</p> <p>Head of the communication and promotion committee of S.E.F.A.A. - A.U.TH. International Sports Science Congresses, by definition from the Deanery.</p> <p>Building facilities coordinator (football) of S.E.F.A.A. - A.U.TH., by definition from the Deanery.</p> <p>European Volleyball Coaches Committee (9/member), of the European Volleyball Confederation (CEV), in Luxembourg.</p>
Personal Webpage:	https://www.phed.auth.gr/προσωπικό/παπαδοπουλου-σοφια
Contact details	

Office:	T.E.F.A.A. - A.U.TH., Thermi Campus (Football building, 1st floor, office 40)
Tel:	2310 991837, 6944506771
Fax:	2310 991837
e-mail:	sophpapa@phed.auth.gr
Student consultation:	<p>WINTER SEMESTER Tuesday: 12.15-13.15 (National Gymnasium MIKRA) Wednesday: 10.30-11.30 (TAXIP) Thursday: 11.30-12.30 (T.E.F.A.A. - A.U.TH., Thermi Campus, football building, 1st floor, office 40)</p> <p>SPRING SEMESTER Monday: 13.00 – 14.00 (National Gymnasium MIKRA) Tuesday: 11.30-12.30 (T.E.F.A.A. - A.U.TH., Thermi Campus, football building, 1st floor, office 40) Wednesday: 11.30-12.30 (A.U.TH. Sports Centre)</p>
Qualifications	
Degree:	National Academy of Physical Education, Thessaloniki, Greece (1980) Certificate of parity T.E.F.A.A. - A.U.TH. (1985)
PhD:	Department of Physical Education and Sports Science, Aristotle University of Thessaloniki, Greece (2001)
Teaching	
Undergraduate courses:	<p>Didactic of Volleyball I (323) (<i>Head of course and teacher</i>) Didactic of Volleyball II (373) (<i>Head of course and teacher</i>) Specialty: Volleyball I (E10) (<i>Head of course and teacher</i>) Specialty: Volleyball II (E10) (<i>Head of course and teacher</i>) Team Sports Coaching (EPO149K) Unity Course: Coaching team sports developmental ages (<i>teacher</i>) Training Pre-adolescent and Adolescent Ages (329) Unity Course: Nutrition and Sports during Pre-Adolescent and Adolescent Ages (<i>teacher</i>) Special Topics of Woman's Sports (EPO146) Unity Course: Nutrition and Athletic Performance of Female Athletes (<i>teacher</i>) Unity Course: Women Coaches: Vision, Problems and Perspectives (<i>teacher</i>) Collective Interdepartmental Gender and Equality Lesson of the School</p>

	<p>of Education, A.U.TH. Introduction to Gender Studies (E-68): Unity Course: Gender and Sports (<i>teacher</i>)</p>
Postgraduate courses:	<p>Postgraduate Program (T.E.F.A.A. - A.U.TH.) <i>Human Performance</i> Direction: Maximizing athletic performance Direction Course: Rehabilitation training after injury (KME6) (<i>teacher</i>)</p> <p>Postgraduate Program (T.E.F.A.A. - A.U.TH.) <i>Human Performance</i> Direction: Maximizing athletic performance Direction Course: Special training topics (KME9) (<i>teacher</i>)</p> <p>Postgraduate Program (T.E.F.A.A. - A.U.TH.) <i>Human Performance</i> Direction: Maximizing athletic performance Direction Course: Ergogenic aids - Sports nutrition (KME10) (<i>teacher</i>)</p> <p>Postgraduate Program (T.E.F.A.A. - A.U.TH.) <i>Physical Activity and Quality of Life</i> Basic Course: Special Topics of Physical Activity (MK3) (<i>teacher</i>)</p> <p>Postgraduate Program (T.E.F.A.A. - A.U.TH.) <i>Physical Activity and Quality of Life</i> Basic Course: Special Topics in Quality of Life (MK2) (<i>teacher</i>)</p>
Research	
Research interests:	<p>Volleyball (Indoor, Beach-Volley, Sitting & Standing Volleyball Disabled Individuals), Team Sports, Sports, Coaching, Athletic Performance, Kinanthropometry, Body Composition, Body Fat, Somatotype, Sports Nutrition, Athletic Injuries, Socioeconomic Factors.</p>
Books and chapters in books:	<p><u>Papadopoulou, S.D.</u> (2003). Anthropometric characteristics and body composition of Greek elite women volleyball players. Book chapter in: J.H. de Ridder & T.S. Olds (Eds.), <i>Kinanthropometry</i>, 7(5), 93-110. Potchefstroom: Potchefstroom University of CHE, Republic of South Africa, Africa.</p> <p><u>Papadopoulou, S.D.</u> (2004). <i>Volleyball - Questions & answers of multiple choice</i>. Book for Physical Education teacher recruitment competition (ASEP). SALTO Publications, Thessaloniki, Greece.</p> <p><u>Papadopoulou, S.D.</u> (2004). Teaching volleyball in primary and secondary education. Book chapter in: <i>Approaching physical education teaching material and methods with reference to ASEP examinations</i>, 2, 61-77. SALTO Publications, Thessaloniki, Greece.</p> <p><u>Papadopoulou, S.D.</u> (2009). Volleyball – Learning by playing. Scientific and translation editing in: A. Papageorgiou, V. Gzimek, <i>Volleyball - Spielerisch Lernen</i>. University Studio Press Publications, Thessaloniki,</p>

	<p>Greece.</p> <p><u>Papadopoulou, S.D.</u> (2009). Volleyball - Handbook of sports medicine and science. Scientific editing in: J.C. Reeser & R. Bahr, <i>Volleyball - Handbook of Sports Medicine and Science</i>. PASCHALIDIS Publications, Athens, Greece.</p> <p><u>Papadopoulou, S.D.</u> (2016). <i>Volleyball - Methodical learning and technique teaching</i>. Textbook for students, PHED, AUTH.</p> <p><u>Papadopoulou, S.D.</u> (2018). <i>Volleyball - Methodical learning and tactics teaching</i>. Textbook for students, PHED, AUTH.</p>
Selected publications (up to 10):	<p>Papadopoulou, S.K., <u>Papadopoulou, S.D.</u>, & Gallos, K.G. Macro and micro-nutrient intake of adolescent Greek female volleyball players. <i>International Journal of Sport Nutrition & Exercise Metabolism</i>, 2002, 12: 73-80.</p> <p><u>Papadopoulou, S.D.</u>, Gallos, G.K., Paraskevas, G., Tsapakidou, A., & Fachantidou, A. The somatotype of Greek female volleyball athletes. <i>International Journal of Volleyball Research</i>, 2002, 5(1), 22-25.</p> <p><u>Papadopoulou, S.D.</u>, Papadopoulou, S.K., Vamvakoudis, E., & Tsitskaris, G. Comparison of nutritional intake between volleyball and basketball women athletes of the Olympic national teams. <i>Gazzetta Medica Italiana Archivio Per Le Scienze Mediche</i>, 2008, 167(4), 147-152.</p> <p>Oikonomou, N., <u>Papadopoulou, S.D.</u>, Bassa, E., Kaloudi, M., & Skoufas, D. Evaluation of the effect of volleyball training on throwing velocity and handgrip strength in male children. <i>Journal of Physical Training</i>, 2011, 10, 1-12.</p> <p>Bassa, E.I., Patikas, D.A., Panagiotidou, A.I., <u>Papadopoulou, S.D.</u>, Pylidianis, T.C., & Kotzamanidis, C.M. The effect of dropping height on jumping performance in trained and untrained prepubertal boys and girls. <i>Journal of Strength & Conditioning Research</i>, 2012, 26(8), 2258–2264.</p> <p>Ikonomou, Ch., Lazaridis, S., <u>Papadopoulou, S.D.</u>, & Ioannidis Th. Biomechanical differences between jump topspin serve and jump float serve of elite Greek female volleyball players. <i>Medicina Sportiva</i>, 2013, 9(2), 2083-2086.</p> <p>Kousi, E., <u>Papadopoulou, S.D.</u>, Bassa, E., Charalambos, I., & Lazaridis, S.N. (<i>equal contribution of the two first authors</i>). The effect of volleyball training on jumping performance in prepubescent boys. <i>Gazzetta Medica Italiana Archivio Per Le Scienze Mediche</i>, 2014, 173(10), 499-506.</p> <p><u>Papadopoulou, S.D.</u> Impact of energy intake and balance on the athletic performance and health of top female volleyball athletes. <i>Medicina Sportiva</i>, 2015, 11(1), 2477-2481.</p> <p>Alipasali, F., <u>Papadopoulou, S.D.</u>, Gissis, I, Komsis, G., Komsis, S.,</p>

	<p>Kyranoudis, A., Knechtle, B., & Nikolaidis, P.T. The effect of static and dynamic stretching exercises on sprint ability of recreational male volleyball players. <i>International Journal of Environmental Research and Public Health</i>, 2019, 16(16), 2835.</p> <p>García-de-Alcaraz, A., Gómez-Ruano, M.A., <u>Papadopoulou, S.D.</u>, (2019). In search for volleyball entertainment: impact of new game rules on score and time-related variables. <i>Journal of Human Kinetics</i>. Ahead of print DOI: 10.2478/hukin-2019-0046.</p>
Reviewer in journals:	<p>Member of the editorial and review board of the scientific <i>Journal Woman & Sports</i>, published by the Hellenic Association for the Advancement of Women in Sport (P.E.P.G.A.S.), Thessaloniki, Greece.</p> <p>Member of the review board of the scientific <i>International Journal of Volleyball Research</i>, published by U.S.A. Volleyball, Colorado Springs, U.S.A.</p> <p>Member of the editorial and review board of the scientific <i>Journal of Physical Training</i>, Canada.</p> <p>Scientific collaborator as a reviewer of the scientific <i>Journal Inquiries in Physical Education & Sport</i>.</p>
Citations:	410
h-index:	10