

CURRICULUM VITAE

Personal details	
Surname/name:	Dimitra Mameletzi
Position:	Assistant Professor
Specialty:	Physical Rehabilitation in Persons with Health Disorders
Department:	Human Performance
Laboratory:	Sports Medicine
Current administrative positions:	
Personal Webpage:	
Contact details	
Office:	School of Physical Education & Sport Sciences in Themi (Administration building, 3 rd floor)
Tel:	2310 992493
Fax:	
e-mail:	mamel@phed.auth.gr
Student consultation:	Monday 10:00-12:00, Wednesday 10:00-12:00
Qualifications	
Degree:	School of Physical Education & Sport Sciences, Aristotle University of Thessaloniki (1988)
Master:	DEA STAPS, Université de Bourgogne, France (1990)
PhD:	Doctorat d'Université, Université Blaise Pascal, France (1993)
Teaching	
Undergraduate courses:	Therapeutic Applications of Exercise Swimming for People with Disabilities Sports Medicine
Postgraduate courses:	Exercise for People with Chronic Diseases Sports Medicine Exercise Medicine Exercise Programs in Chronic Diseases Physical Rehabilitation in Patients with Chronic Diseases

	Physical Activity Programs in Patients with Chronic Diseases
Research	
Research interests:	Therapeutic applications of exercise Swimming exercises and health disorders Exercise and rehabilitation in patients with chronic health disorders
Books and chapters in books:	
Selected publications (up to 10):	<p>Vrakas S., Mameletzi D., Samaras T., Liakopoulos V., Kouidi E., Deligiannis A. (2017). The effects of intradialytic exercise plus music on anxiety. <i>Nephrology Dialysis Transplantation</i>, 32(3): 325.</p> <p>Mameletzi D. (2013). The role of exercise in the incidence and treatment of Alzheimer's disease. <i>Archives of Hellenic Medicine</i>, 30(5): 546-554.</p> <p>Deligiannis A., Kouidi E., Koutlianos N., Karagiannis V., Anifanti M., Tsorbatzoglou K., Farmakis D., Avgerinos C., Mameletzi D., Samara A. (2014). Eighteen years' experience applying old and current strategies in the pre-participation cardiovascular screening of athletes. <i>Hellenic Journal of Cardiology</i>, 55: 32-41.</p> <p>Siatras Th., Mameletzi D. (2014). The female athlete triad in gymnastics. <i>Science of Gymnastics Journal</i>, 6(1): 5-22.</p> <p>Deligiannis P., Mameletzi D., Koutlianos N., Alexiou S., Samara A. (2012). Implementation of internet educational environments for swimming training in patients with chronic diseases. <i>Sport-und Präventivmedizin</i>. 42(1): 16-19.</p> <p>Kaltsatou A., Mameletzi D., Douka S. (2011). Physical and psychological benefits of a 24-week traditional dance program in breast cancer survivors. <i>Journal of Bodywork & Movement Therapies</i>, 25: 217-227.</p> <p>Mameletzi D., Kouidi E., Koutlianos N., Deligiannis A. (2011). Effects of long-term exercise training on cardiac baroreflex sensitivity in patients with coronary artery disease: a randomized controlled trial. <i>Clinical Rehabilitation</i>, 25: 217-227.</p> <p>Mameletzi D., Deligiannis A. (2004). Preparticipation health screening in swimmers. <i>Austrian Journal of Sportmedicine</i>, 4: 6-10.</p> <p>Mameletzi D., Deligiannis A. (2004). Physiological responses and health disorders in marathon swimmers. <i>Austrian Journal of Sportmedicine</i>, 4: 11-16.</p> <p>Mameletzi D., Siatras Th. (2003). Sex differences in isokinetic strength and power of knee muscles in 10-12 years old swimmers. <i>Isokinetics and Exercise Science</i>, 11(4): 231-237.</p>
Current research projects:	Collaboration to develop, implement and evaluate a model of long-term physical activity and behavior change in patients with coronary heart disease at European level (Sweaty Hearts).
Reviewer in journals:	
Citations:	435
<i>h</i> -index:	9