

CURRICULUM VITAE

Personal details	
Surname/name:	Tsimaras Vasileios
Position:	Professor
Specialty:	Training of Individuals with Special Needs
Department:	Physical Education and Sport Science, Aristotle University of Thessaloniki
Laboratory:	Motor Behavior and Adapted Physical Activity
Current administrative positions:	
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Contact details	
Office:	School of Physical Education & Sport Science, New Building Facilities of the School of Physical Education and Sports Science, 2nd floor, 57001, Themi, Thessaloniki, Greece
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Student consultation:	Tuesday - Thursday 09.30 – 11.30
Qualifications	
Degree:	School of Physical Education & Sport Science, Aristotle University of Thessaloniki (1982)
Master:	
PhD:	Aristotle University of Thessaloniki (2000)
Teaching	
Undergraduate courses:	<ol style="list-style-type: none"> 1. Special Physical Education - Therapeutics Gymnastics 2. Adapted Physical Activity 3. Paralympics Sports

Postgraduate courses:	<ol style="list-style-type: none"> 1. Practical Exercise I in school units of Special Education, or/and in school units of General Education where attend students with disabilities or with special educational needs. 2. Practical Exercise II in school units of Special Education, or/and in school units of General Education where attend students with disabilities or with special educational needs.
Research	
Research interests:	<p>Evaluation of physical fitness, motor abilities and dexterities of individuals with disabilities or with special educational needs. Design, implementation, and the effect of individualized and as a group exercise programs on physical fitness, motor abilities and dexterities, social integration, and quality of life in individuals with disabilities or with special educational needs. Sports competition of individuals with disabilities or with special educational needs.</p>
Books and chapters in books:	<p>Notes: Adapted Physical Activity I (pages 83) Adapted Physical Activity II (pages 95) Paralympics Sports (pages 128)</p>
Selected publications (up to 10):	<p>Effect of training on the muscle strength and dynamic balance ability of adults with Down syndrome. V. Tsimaras, E. Fotiadou. Journal of Strength and Conditioning Research, 2004, 18(2), 343-347</p> <p>The Effect of Basketball Training on the Muscle Strength of Adults with Mental Retardation. V.K. Tsimaras, C.A. Samara, M.C. Kotzamanidou, E.I. Bassa, E.G. Fotiadou, C.M. Kotzamanidis. Journal of Strength and Conditioning Research, 2009, 23(9), 2638-2644</p> <p>The Effect of a Traditional Dance Training Program on the Physical Fitness of Adults with Hearing Loss. V.K. Tsimaras, D.A. Kyriazis, K.I. Christoulas, E.G. Fotiadou, D.G. Kokaridas, N.A. Angelopoulou. Journal of Strength and Conditioning Research, 2010, 24(4), 1052-1058</p> <p>Gross motor ability of Native Greek, Roma, and Roma Immigrant school-age children in Greece. Vasilios Tsimaras, Despina Arzoglou, Eleni Fotiadou, Dimitrios Kokaridas, Marianna Kotzamanidou, Nikoletta Angelopoulou, Eleni Bassa. Perceptual and Motor Skills, 2011, 112(1), 1-12</p> <p>The Effect of a Traditional Dance Training Program on Dynamic Balance of Individuals with Mental Retardation. Tsimaras, VK,. Giamouridou, GA, Kokaridas, DG, Sidiropoulou, MP, and Patsiaouras, AI. Journal of Strength and Conditioning Research, 2012, 26(1), 192-198</p> <p>The effect of a traditional dance training program on neuromuscular coordination of individuals with autism. Despina Arzoglou, Vasileios Tsimaras, Georgios Kotsikas, Eleni Fotiadou, Maria Sidiropoulou, Miltiadis Proios, Eleni Bassa. Journal of Physical Education and Sport, 2013, 13(4), 563-569</p> <p>The Effect of an Aquatic Training Program on Walking Ability and Quality of Life of Patients with Multiple Sclerosis. Vasiliki Garopoulou, Vasileios Tsimaras, Ioannis Mavromatis, Nikolaos</p>

	<p>Taskos, Anastasios Orologas, Kosmas Christoulas. Journal of Physical Education and Sport, 2014, 14(1), 106-114</p> <p>Influence of Traditional Dance Training Programs on Dynamic Balance of People with Intellectual Disability: A Short Review. Vasileios K. Tsimaras. Pedagogics, Psychology, Medical Biological Problems of Physical Training and Sports, 2015, 5, 71-74</p> <p>The effect of a digital interactive game in distractibility, hyperactivity and impulsivity in individuals with Attention Deficit Hyperactivity Disorder and Intellectual Disability. Vasileios Tsimaras, Maria Papaioannou, Miltiadis Proios, Eleni Fotiadou, Dimitrios Kokaridas, Marianna Kotzamanidou. Journal of Physical Education and Sport, 2014, 14(4), 500-506</p> <p>An assessment of the internal consistency of measures of constructs of the Dortmund Developmental Screening for 5-6 years old children. M. Proios, V. Tsimaras, M. Sidiropoulou, D. Arzoglou, K. Christoulas, T. Pillianidis, K. Charitonidis. Studies in Social Sciences and Humanities, 2015, 3(5), 241-250</p>
Current research projects:	
Reviewer in journals:	<p>Perceptual and Motor Skills</p> <p>Exercise and Society</p>
Citations (citations in Scopus):	301
h-index in Scopus:	10