

CURRICULUM VITAE

	
Personal details	
Surname/name:	Zaggelidis Georgios
Position:	Associate professor
Specialty:	Judo Coaching
Department:	Division of Sports
Laboratory:	Laboratory of Biomechanics
Current administrative positions:	Course Leader: Teaching a) Judo, b) ju – jitsu, c) karate. (specialization) Teaching a) Judo, b) Karate, c) ju jitsu-self defense (optional modules)
Contact details	
Office:	Building team sports (soccer)
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Student consultation:	Tuesday - Wednesday 12:30 – 14:00
Qualifications	
Degree:	Graduate Physical Education and Sports (1976-1981) - Specialization Judo
PhD:	Doctor in Pedagogy. University of Bucharest (1984-1989).

Teaching	
Undergraduate courses:	<ol style="list-style-type: none"> 1. Specialization Judo I, II. 2. Specialization Karate I, II 3. Specialization ju jitsu, I, II 4. Optional modules : Karate, ju jitsu, -self defense, judo
Research	
Research interests:	Sport Pedagogy, coaching Judo, Karate Ju jitsu and combat sports
Selected publications (up to 10):	<ul style="list-style-type: none"> - Zaggelidis G., Martinidis K., Zaggelidis S. (2004). Comparative study of factors-motives in beginning practicing judo and karate. <i>Physical Training - EJMAS (Electronic Journals of Martial arts and science)</i>. - Zaggelidis G., Kanioglou A., Mavrovouniotis F., Galazoulas Ch. (2008). Dietary supplements and nutritional ergogenic aids use in judo athletes. <i>Physical Training-EJMAS (Electronic Journals of Martial arts and science)</i>. - Zaggelidis, G., Lazaridis, S. N., Malkogiorgos, A., & Mavrovouniotis, F. (2012). Differences in vertical jumping performance between untrained males and advanced Greek judokas. <i>Archives of Budo, 8(2)</i>, 87-90. - Zaggelidis, G., & Lazaridis, S. (2012). Evaluation of vertical ground reaction forces in three different judo hip throwing techniques in novice and advanced Greek athletes. [Valutazione delle forze verticali di reazione al suolo in tre differenti tecniche di proiezione con l'anca nel judo in atleti greci di livello base e avanzato]. <i>Medicina Dello Sport, 65(1)</i>, 29-36. - Zaggelidis, G., Mavrovouniotis, F., Argyriadou, E., & Ciucurel, M. M. (2013). Opinions about judo athletes' image. <i>Journal of Human Sport & Exercise, 8(2)</i>, 322-333. - Zaggelidis, G., & Lazaridis, S. (2013). Muscle activation profiles of lower extremities in different throwing techniques and in jumping performance in elite and novice Greek judo athletes. <i>Journal of human kinetics, 37(1)</i>, 63-70. - Zaggelidis, G. (2016). Karate athletes' image evaluation. <i>Journal of Physical Education and Sport® (JPES), 16(3)</i>, 850-856. - Zaggelidis, G. (2016). Maximal isometric handgrip strength in Greek elite male judo and karate athletes. <i>Sport Science Review, 25(5-6)</i>, 320-333. - Antonopoulos, Chr., & Zaggelidis, G. (2019). A brief review: neuromuscular functions of combat sports during different types of jumps. <i>European Journal of Physical Education and Sport Science, 5(5)</i> 56-63.
Citations (citations in Scopus):	<p>(350) Google Scholar - h-index 10</p> <p>(100) Scopus</p>
h-index in Scopus:	h-index 5