

## CURRICULUM VITAE

<b>Personal details</b>	
Surname/name:	<b>PROIOS MICHAEL</b>
Position:	Associate Professor
Specialty:	Didactics of gymnastics
Department:	Division of Sports
Laboratory:	Laboratory of Biological Evaluation of Human Performance
Current administrative positions:	
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Student consultation:	Monday 08:30-10:30, Thursday 12:00-14:00
<b>Qualifications</b>	
Degree:	National Academy of Physical Education Thessaloniki (1981), rate degree, Department of Physical Education and Sport Sciences, Aristotle University of Thessaloniki (1985).
Master:	Master's degree in Human Performance and Health (2001). Department of Physical Education and Sport Sciences, Aristotle University of Thessaloniki (Dissertation title: The effect of mutual assistance on the learning of new motor skills in gymnastics).
PhD:	PhD in Physical Education (2006). Department of Physical Education and Sport Sciences, Democritus University of Thrace. (Dissertation title: The effectiveness of reciprocal and practice teaching in learning the basic skills in gymnastics and basketball).
<b>Teaching</b>	

Undergraduate courses:	1. Didactics of gymnastics I, Didactics of gymnastics II, Specialization in gymnastics, Trampolineing
Postgraduate courses:	1.
<b>Research</b>	
Research interests:	Gymnastics, Teaching and motor learning, Methods and Teaching Styles.
Books and chapters in books:	<p>1. Πρώιος, Μ., &amp; Πρώιος, Μ. (2006). ΑΣΕΠ Κλάδος Φυσικής Αγωγής: Ενόργανη Γυμναστική: Θεωρία, τεχνική, μεθοδολογία &amp; ειδική διδακτική. Θεσσαλονίκη: Εκδόσεις ΣΑΛΤΟ. (σελ. 160).</p> <p>2. Πρώιος, Μ. (1990). Ενόργανη Αγωνιστική Γυμναστική « Οι βασικές αρχές της βιομηχανικής στην πράξη»; Τ.Ε.Φ.Α.Α./Δ.Π.Θ., Κομοτηνή (σελ. 175).</p> <p>3. Ζουνχιά Αικ., Πρώιος, Μ. (1987). Ενόργανη Αγωνιστική Γυμναστική «πλάγιος ίππος –κρίκοι-μέθοδοι διδασκαλίας, ασφάλεια και βοήθεια»; Αθήνα-Κομοτηνή: Εκδόσεις ANΤ.Ν.ΣΑΚΟΥΛΑ (σελ. 89).</p>
Selected publications (up to 10):	<p>Proios, M., &amp; Proios, M. (2008). The effects of teaching styles of gymnastics and basketball exercises on children's moral development within the framework physical education. <i>International Journal of Physical Education</i>, 45(1), 13-19.</p> <p>Siskos, B.N., Papaioannou A.G., &amp; Proios M.K. (2011). Causal effects between emotional intelligence and a perceived caring classroom climate in physical education. <i>International Journal of Physical Education</i>, 48(1), 7-17.</p> <p>Proios M., Mavrovouniotis F., &amp; Proios M. (2012). Proposal of psychological preparation in artistic gymnastics. <i>Science of Gymnastics Journal</i>, 4(2), 53 – 64.</p> <p>Siskos, B., Proios, M., Lykesas, G. (2012). Relationships between emotional intelligence and psychological factors in physical education. <i>Studies in Physical Culture and Tourism</i>, 19 (3), 154-159.</p> <p>Proios, M., Proios, M., Mavrovouniotis, F., &amp; Siatras, T. (2012). An exploratory study of athletic identity university physical education students. <i>Graduate Journal of Sport, Exercise &amp; Physical Education Research</i>, 1, 98-107.</p> <p>Proios, M., Proios, M.C., Siatras, T., Patmanoglou, S. (2015). Student's perceived behaviors at school: A relation between behaviors in physical education lessons and the classroom. <i>Journal of Human Sport and Exercise</i>, 10 (1), 113-125.</p> <p>Proios, M. (2018). Implications of the practice style teaching on motor and knowledge performance of a basic gymnastics skill. <i>European Journal of Physical Education and Sport Science</i>, 5(1), 1-18.</p> <p>Proios, M. (2019). Effects of practice style on a complex gymnastics skill performance of high-, medium-, and low- skilled learners. <i>Science of Gymnastics Journal</i>, 11(1), 77-90.</p>
Current research projects:	
Reviewer in journals:	<p>Αναζητήσεις στη Φυσική Αγωγή &amp; τον Αθλητισμό.</p> <p>Άθληση και Κοινωνία</p>

Citations (citations in Scopus):	
h-index in Scopus:	